

NORFOLK Sportshall Athletics

Date: 15NOV14

Location: Lynn Sport



Set Save As

Competition Details:

Team Events

Sat 18th Oct - Taverham High School, Norwich

Sat 15th Nov - Nov - Lynnsport, Kings Lynn

Sat 6th Dec - Taverham High School, Norwich

Individual entry

24th County Championship

Sat 10th Jan 2015 - Sportspark, UEA Norwich

Regional Competition (East)

Sun 22nd Mar 2015 - Hertfordshire Sport Village, Hatfield

National Final

t.b.c

See National Sportshall link: <http://www.sportshall.org/>

u11B Overall Results

Taverham

12OCT13

Team	2 Lap	4 Lap	2Lap Hurdles	Long Jump	Vert Jump	Speed Bounce	Chest Push	6 Lap Parlauf	Obstacle relay	Points	Position	
A												
B												
C												
D Dereham		31	38	40	38	38	39	37	22	23	306	3
E												
F												
G Great Yarmouth		33	19	36	31	18	16	38	23		214	5
H												
I												
J												
K W Norfolk		28	36		17	17	19	20			137	7
L												
M												
N												
O City of Norwich		48	44	45	42	47	44	46	24	25	365	2
P Bungay Black Dog		20		18	22	19					79	8
Q												
R												
S												
T Waveney												
U												
V Waveney		17	14	28	36	15	42	15	21		188	6
W Waveney		45	47	45	46	47	46	41	25	24	366	1
X City of Norwich												
Y												
Z City of Norwich		37	37	35	28	36	36	42	20	22	293	4

1:40 pm

u11B 2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D	Joel Burgess	26.4	8	18	31
DD	Charlie Crane	27.7	13	13	
E					
EE					
F					
FF					
G	Caleb Geib	26.4	7	19	33
GG	William Gwyer	27.7	12	14	
H					
HH					
I					
II					
J					
JJ					
K	Rafe Manning	28.7	14	12	28
KK	Max Smith	26.7	10	16	
L					
LL					
M					
MM					
N					
NN					
O	Michael Langley	25.3	1	25	48
OO	Austin Feeley	25.6	3	23	
P	Scott Mackenzie	26.4	6	20	20
PP					
Q					
QQ					
R					
RR					
S					
SS					
T					
TT					
U					
UU					
V	Solomon Elvin				17
VV	Nathan Littlejohns	26.6	9	17	
W	Theo Hudson	25.8	5	21	45
WW	Finn Howes	25.4	2	24	
X					
XX					
Y					
YY					
Z	Conrad Winter	25.6	4	22	37
ZZ	Josh Ingham	27.0	11	15	

3:20 pm

u11B 4 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D	Harvey Flynn	56.8	5	21	38
DD	Archie Wakefield	58.7	9	17	
E					
EE					
F					
FF					
G	Ben Newton	57.7	7	19	19
GG					
H					
HH					
I					
II					
J					
JJ					
K	Harry Sharpe	57.2	6	20	36
KK	Rafe Manning	60.7	10	16	
L					
LL					
M					
MM					
N					
NN					
O	Jake Hart	52.2	1	25	44
OO	Barnaby Taylor	57.7	7	19	
P					
PP					
Q					
QQ					
R					
RR					
S					
SS					
T					
TT					
U					
UU					
V	Solomon Elvin				14
VV	Seth Frankland	66	12	14	
W	Joel Burgess	53	2	24	47
WW	Benjamin Cone	54.4	3	23	
X					
XX					
Y					
YY					
Z	Conrad Winter	56	4	22	37
ZZ	Harvey Green	61	11	15	

3:00 pm

u11B 2 Lap Hurdles

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D	Harvey Flynn	26.7	2	24	40
DD	Ali Elouassi	30.4	10	16	
E					
EE					
F					
FF					
G	Caleb Geib	28.5	7	19	36
GG	Ben Newton	29.5	9	17	
5	William Gwyer	[32.1]			
I					
II					
J					
JJ					
K	Harry Sharpe				
KK	Max Smith				
L					
LL					
M					
MM					
N					
NN					
O	Daniel Williams	25.9	1	25	45
OO	Jacob Brown	27.9	6	20	
P	Scott Mackenzie	29.3	8	18	18
PP					
Q					
QQ					
R					
RR					
S					
SS					
T					
TT					
U					
UU					
V	Vaughan Beckham	33	13	13	28
VV	Seth Frankland	32.6	11	15	
W	Theo Hudson	27.01	4	22	45
WW	Finn Howes	27	3	23	
X					
XX					
Y					
YY					
Z	Tom Whiting	32.7	12	14	35
ZZ	Barney Clarke	27.1	5	21	

u11B Long Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D	Ali Elouassi				1.82	2	24	38
DD	Charlie Crane				1.3	12	14	
E								
EE								
F								
FF								
G	Caleb Geib				1.62	8	18	31
GG	William Gwyer				1.28	13	13	
H								
HH								
I								
II								
J								
JJ								
K	Harry Sharpe				1.52	9	17	17
KK	Max Smith							
L								
LL								
M								
MM								
N								
NN								
O	Michael Langley				1.75	3	23	42
OO	Barnaby Taylor				1.63	7	19	
P	Scott Mackenzie				1.68	4	22	22
PP								
Q								
QQ								
R								
RR								
S								
SS								
T								
TT								
U								
UU								
V	Nathan Littlejohns				1.65	5	21	36
VV	Vaughan Beckham				1.36	11	15	
W	Joel Burgess				1.65	5	21	46
WW	Theo Hudson				1.88	1	25	
X								
XX								
Y								
YY								
Z	Tom Whiting				1.12	14	12	28
ZZ	Josh Ingham				1.44	10	16	

1:20 pm

u11B Speed Bounce

		Total Jumps	Position	Points	Combined Total
A					
AA					
B					
BB					
C					
CC					
D	Harvey Flynn	43	10	16	39
DD	Archie Wakefield	48	3	23	
E					
EE					
F					
FF					
G	Ben Newton	43	10	16	16
GG					
H					
HH					
I					
II					
J					
JJ					
K	Rafe Manning	44	7	19	19
KK					
L					
LL					
M					
MM					
N					
NN					
O	Austin Feeley	51	1	25	44
OO	Jacob Brown	44	7	19	
P	Scott Mackenzie				
PP					
Q					
QQ					
R					
RR					
S					
SS					
T					
TT					
U					
UU					
V	Nathan Littlejohns	44	7	19	42
VV	Vaughan Beckham	48	3	23	
W	Benjamin Cone	51	1	25	46
WW	Finn Howes	46	5	21	
X					
XX					
Y					
YY					
Z	Conrad Winter	45	6	20	36
ZZ	Barney Clarke	43	10	16	

u11B Chest Push

		Best Throw	Third Throw	Second Throw	First Throw	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D	Harvey Flynn	5.50				4	22	37
DD	Archie Wakefield	4.25				11	15	
E								
EE								
F								
FF								
G	Ben Newton	5.00				6	20	38
GG	Caleb Geib	4.75				8	18	
5	William Gwyer	[5.25]						
HH								
I								
II								
J								
JJ								
K	Harry Sharpe	5.00				6	20	20
KK								
L								
LL								
M								
MM								
N								
NN								
O	Daniel Williams	5.75				2	24	46
OO	Jacob Brown	5.50				4	22	
P								
PP								
Q								
QQ								
R								
RR								
S								
SS								
T								
TT								
U								
UU								
V	Solomon Elvin							15
VV	Seth Frankland	4.25				11	15	
W	Theo Hudson	6.75				1	25	41
WW	Finn Howes	4.50				10	16	
X								
XX								
Y								
YY								
Z	Conrad Winter	5.75				2	24	42
ZZ	Josh Ingham	4.75				8	18	

u11G Overall Results

Taverham

12OCT13

Team	2 Lap	4 Lap	2Lap Hurdles	Long Jump	Vert Jump	Speed Bounce	Chest Push	6 Lap Parlauf	Obstacle relay	Points	Position
A											
B											
C											
D Dereham	21	16					19	21	17	94	9
E											
F City of Norwich	34	28	34	34	32	32	34	19	19	266	5
G Great Yarmouth	31		33	26	33	23	9	22		177	8
H											
I											
J											
K W Norfolk	21	37	38	27	27	35	36	20	21	262	6
L											
M											
N											
O City of Norwich	49	49	48	48	49	48	48	25	25	389	1
P Bungay Black Dog											
Q											
R											
S											
T											
U											
V Waveney	34	27	23	39	27	34	35	21	20	260	7
W Waveney	41	44	42	47	41	42	37	24	24	342	2
X City of Norwich	34	34	31	28	36	37	33	18	23	274	4
Y City of Norwich											
Z City of Norwich	35	35	34	33	39	25	45	23	22	291	3

1:35 pm

u11G 2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D	Tia Crane	27.8	13	13	21
DD	Zoe Wakefield	30.6	18	8	
E					
EE					
F	Leah Collins	27.1	8	18	34
FF	Erin Waterfield	27.3	10	16	
G	Megan Brown	25.2	4	22	31
GG	Hollie Willeard	29.4	17	9	
5	Khya Penn	[30.6]			
I					
II					
J					
JJ					
K	Holly Lawrence	29.2	16	10	21
KK	Niamh Webber	28.7	15	11	
L					
LL					
4b	Poppy Tunmore	[28.9]			
MM					
N					
NN					
O	Zoe Powers	24.7	2	24	49
OO	EdenHarrison	24.4	1	25	
P	Holly MacKenzie				
PP					
Q					
QQ					
R					
RR					
S					
SS					
2b	Immy Garret	[32.7]			
TT					
U					
UU					
V	Farran Turner	25.8	5	21	34
VV	Maddie Archbold	27.8	13	13	
W	Shamara Hammonds	24.7	2	24	41
WW	Maisie Elvin-Andrews	27.2	9	17	
X	Molly Withers	26.3	7	19	34
XX	Olivia Draper	27.3	11	15	
Y					
YY					
Z	Martha Bennett	25.8	5	21	35
ZZ	Beth Greenwood	27.7	12	14	

3:40 pm

u11G 4 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D	Tia Crane	60.3	10	16	16
DD	Zoe Wakefield				
E					
EE					
F	Rosie Langley	66.5	15	11	28
FF	Erin Waterfield	60.1	9	17	
G					
GG					
H					
HH					
I					
II					
J					
JJ					
K	Leah Wightman	60	8	18	37
KK	Daisy Stagg	59.5	7	19	
L					
LL					
M					
MM					
N					
NN					
O	Amelia Cropley	54.7	2	24	49
OO	EdenHarrison	52.2	1	25	
P	Holly MacKenzie				
PP					
Q					
QQ					
4b	Poppy Tunmore	[61.8]			
S					
SS					
T					
TT					
U					
UU					
V	Maddie Archbold	61.8	11	15	27
VV	Taela Hodds	65.2	14	12	
W	Abeni Beckham	55.4	3	23	44
WW	Brooke Oram	56.9	5	21	
X	Hannah Pain	61.81	12	14	34
XX	Rose Fairhurst	58.2	6	20	
Y					
YY					
Z	Ellis Stewart	62.1	13	13	35
ZZ	Grace Jermy	56.2	4	22	

2:50 pm

u11G 2 Lap Hurdles

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D					
DD					
E					
EE					
F	Jessica Hopkins	28.5	5	21	34
FF	Amy Moses	32.5	13	13	
G	Megan Brown	27.6	4	22	33
GG	Hollie Willeard	32.7	15	11	
5	Khya Penn	[36.0]			
HH					
I					
II					
J					
JJ					
K	Leah Wightman	30	9	17	38
KK	Elizabeth Woods	28.5	5	21	
L					
LL					
M					
MM					
N					
NN					
O	Holly Harrison	26	1	25	48
OO	Annabelle Joynson	27.2	3	23	
P					
PP					
2d	Immy Garret	[37.9]			
QQ					
R					
RR					
S					
SS					
T					
TT					
U					
UU					
V	Hazel Fairs	32.8	16	10	23
VV	Taela Hodds	32.5	13	13	
W	Shamara Hammond	26.7	2	24	42
WW	Maisie Elvin-Andrew	29.6	8	18	
X	Kiri Watering	31.8	12	14	31
XX	Poppy Walker	30	9	17	
Y					
YY					
Z	Millie Rose Addison	29.3	7	19	34
ZZ	Macey Kelly	31.2	11	15	

u11G Long Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
F	Jessica Hopkins				1.34	13	13	34
FF	Amy Moses				1.68	5	21	
G	Hollie Willeard				1.5	10	16	26
GG	Khya Penn				1.2	16	10	
H								
HH								
I								
II								
J								
JJ								
K	Daisy Stagg				1.45	11	15	27
KK	Niamh Webber				1.32	14	12	
L								
2d	Immy Garret				{1.00}			
M								
MM								
N								
NN								
O	Zoe Powers				1.78	3	23	48
OO	EdenHarrison				1.84	1	25	
P	Holly MacKenzie							
PP								
Q								
QQ								
R								
RR								
S								
SS								
T								
TT								
4b	Poppy Tunmore				[1.64]			
UU								
V	Maddie Archbold				1.64	8	18	39
VV	Farran Turner				1.68	5	21	
W	Shamara Hammonds				1.84	1	25	47
WW	Abeni Beckham				1.74	4	22	
X	Kiri Watering				1.52	9	17	28
XX	Olivia Draper				1.25	15	11	
Y								
YY								
Z	Martha Bennett				1.65	7	19	33
ZZ	Beth Greenwood				1.42	12	14	

u11G Vertical Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
F	Rosie Langley				21	15	11	
FF	Leah Collins				36	5	21	32
G	Megan Brown				38	4	22	
GG	Khya Penn				21	15	11	33
H								
HH								
I								
II								
J								
JJ								
K	Leah Wightman				30	11	15	
KK	Elizabeth Woods				25	14	12	27
L								
LL								
M								
MM								
N								
NN								
O	Holly Harrison				40	2	24	
OO	Annabelle Joynson				44	1	25	49
P								
PP								
4b	Poppy Tunmore				[40]			
QQ								
R								
RR								
S								
SS								
T								
TT								
U								
UU								
V	Maddie Archbold				28	12	14	
VV	Taela Hodds				26	13	13	27
W	Abeni Beckham				40	2	24	
WW	Maisie Elvin-Andrews				31	9	17	41
X	Poppy Walker				31	9	17	
XX	Rose Fairhurst				33	7	19	36
Y								
YY								
Z	Ellis Stewart				34	6	20	
ZZ	Beth Greenwood				33	7	19	39

2:00 pm

u11G Speed Bounce

		Total Jumps	Position	Points	Combined Total
A					
AA					
B					
BB					
C					
CC					
D	Tia Crane	38	16	10	19
DD	Zoe Wakefield	33	17	9	
E					
EE					
F	Amy Moses	43	10	16	32
FF	Erin Waterfield	43	10	16	
G	Megan Brown	48	3	23	23
GG					
H					
HH					
I					
II					
J					
JJ					
K	Elizabeth Woods	43	10	16	35
KK	Holly Lawrence	46	7	19	
L					
LL					
M					
MM					
N					
NN					
O	Holly Harrison	52	1	25	48
OO	Amelia Cropley	48	3	23	
P	Holly MacKenzie				
PP					
Q					
QQ					
R					
RR					
S					
SS					
T					
TT					
U					
UU					
V	Hazel Fairs	39	15	11	34
VV	Farran Turner	48	3	23	
W	Maisie Elvin-Andrews	50	2	24	42
WW	Brooke Oram	45	8	18	
X	Molly Withers	47	6	20	37
XX	Hannah Pain	44	9	17	
Y					
YY					
Z	Millie Rose Addison	42	13	13	25
ZZ	Grace Jermy	41	14	12	

1:30 pm

u11G Chest Push

		First Throw	Second throw	Third throw	Best Throw	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D	Tia Crane				3.25	16	10	21
DD	Zoe Wakefield				3.50	15	11	
E								
EE								
F	Leah Collins				4.50	9	17	34
FF	Lucie Durrant				4.50	9	17	
G	Hollie Willeard				3.00	17	9	9
GG								
H								
HH								
I								
II								
J								
JJ								
K	Daisy Stagg				6.00	3	23	36
KK	Niamh Webber				4.25	13	13	
L								
LL								
M								
MM								
N								
NN								
O	Zoe Powers				7.00	1	25	48
OO	Olivia Porter				6.00	3	23	
P								
PP								
Q								
QQ								
R								
RR								
S								
SS								
T								
TT								
U								
UU								
V	Hazel Fairs				4.75	8	18	35
VV	Taela Hodds				4.50	9	17	
W	Shamara Hammonds				5.00	6	20	37
WW	Brooke Oram				4.50	9	17	
X	Hannah Pain				5.00	6	20	33
XX	Rose Fairhurst				4.25	13	13	
2d	Immy Garret				[3.50]			
Z	Martha Bennett				6.50	2	24	45
ZZ	Macey Kelly				5.50	5	21	

2:15 pm

u11G 6 Lap Paarlauf

		Time	Position	Points
A				
AA				
B				
BB				
C				
CC				
D	Tia Crane	91.9	9	17
DD	Zoe Wakefield			
E				
EE				
F	Leah Collins	86.7	7	19
FF	Lucie Durrant			
G	Megan Brown	83.8	4	22
GG	Hollie Willeard			
H				
HH				
I				
II				
J				
JJ				
K	Niamh Webber	86.3	6	20
KK	Daisy Stagg			
L				
LL				
M				
MM				
N				
NN				
O	Zoe Powers	78.5	1	25
OO	Olivia Porter			
P				
PP				
Q				
QQ				
R				
RR				
S				
SS				
T				
TT				
U				
UU				
V	Farran Turner	84	5	21
VV	Maddie Archbold			
W	Shamara Hammonds	81.8	2	24
WW	Abeni Beckham			
X	Poppy Walker	88	8	18
XX	Kiri Watering			
Y				
YY				
Z	Martha Bennett	82.7	3	23
ZZ	Beth Greenwood			

u13B Overall Results

Lynn Sport

15NOV14

Team	2 Lap	4 Lap	6 Lap	Long Jump	Vert. Jump	Triple Jump	Speed Bounce	Shot	8 Lap Parlauf	4x2 Relay	Obstacle Relay	Points	Position	
A														
B														
C														
D Dereham														
E														
F City of Norwich		33	31	34	19	20	18	17	40			21	233	5
G Great Yarmouth		21	23					23	20				87	6
H City of Norwich														
I														
J Dereham														
K West Norfolk		40	45	42	46	42	25	40	48		24	25	377	2
L														
M														
N West Norfolk														
O City of Norwich		45	37	46	41	47	44	44	40	25	25	24	418	1
P Bungay Black Dog														
Q Bungay Black Dog														
R Great Yarmouth														
S														
T														
U														
V Waveney														
W Waveney		41	46	43	38	21	45	24	36		23	22	339	4
X City of Norwich														
Y City of Norwich														
Z City of Norwich		42	38	40	45	24	40	41	21	24	22	23	360	3

u13B 2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
4C	Alfie Williams	[26.6]			
E					
EE					
F	Joe Fuller	24.8	9	17	33
FF	S Martin	27.6	10	16	
G	Leroy Honey	23.7	5	21	21
GG					
H					
HH					
I					
II					
J					
JJ					
K	Nathan Smalls	22.8	1	25	40
KK	Arthur Knight	29.7	11	15	
L					
LL					
M					
MM					
N					
NN					
O	Jamie Brown	22.9	2	24	45
OO	Jake Garside	23.7	5	21	
P	Jacob Mackensie-We				
PP					
Q					
QQ					
R					
RR					
S					
SS					
T					
TT					
U					
UU					
V					
VV					
W	Callum Hopson	23.4	3	23	41
WW	Tai Elvin-Andrews	24.1	8	18	
X					
XX					
Y					
YY					
Z	Rio Ward	24.0	7	19	42
ZZ	Zak Young	23.4	3	23	

u13B 6 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D					
DD					
E					
EE					
F	Harvey Anderson	89.7	8	18	34
FF	Joe Fuller	95.7	10	16	
G					
GG					
H					
HH					
I					
II					
J					
JJ					
K	Charlie Williams	77.5	1	25	42
KK	Alfie Williams	91.0	9	17	
L					
LL					
M					
MM					
N					
NN					
O	Patrick Parle	85.7	4	22	46
OO	Toby Robinson	83.0	2	24	
P					
PP					
Q					
QQ					
R					
RR					
S					
SS					
T					
TT					
U					
UU					
V					
VV					
W	Jamie Besford	84.7	3	23	43
WW	Alec Wilson	88.3	6	20	
X					
XX					
Y					
YY					
Z	Scott Leeder	89.7	7	19	40
ZZ	Alex Simpson	85.9	5	21	

u13B

Long Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
F	Joe Fuller				1.78	7	19	19
FF								
G								
GG								
H								
HH								
I								
II								
J								
JJ								
K	Nathan Smalls				2.07	2	24	46
KK	Charlie Williams				2.02	4	22	
L								
LL								
M								
MM								
N								
NN								
O	Jamie Brown				2.06	3	23	41
OO	Conrad Harrison				1.73	8	18	
P	Jacob Mackensie-Websale							
PP								
Q								
QQ								
R								
RR								
S								
SS								
T								
TT								
U								
UU								
V								
VV								
W	Callum Hopson				1.85	5	21	38
WW	Alec Wilson				1.62	9	17	
X								
XX								
Y								
YY								
Z	Rio Ward				1.83	6	20	45
ZZ	Zak Young				2.12	1	25	

u13B

Speed Bounce

		Total Bounces	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D					
DD					
E					
EE					
F	S Martin	54	9	17	17
FF					
G	Leroy Honey	73	3	23	23
GG					
H					
HH					
I					
II					
J					
JJ					
K	Nathan Smalls	71	4	22	40
KK	Alfie Williams	58	8	18	
L					
LL					
M					
MM					
N					
NN					
O	Jake Garside	84	1	25	44
OO	Tristan McLellan	66	7	19	
P					
PP					
Q					
QQ					
R					
RR					
S					
SS					
T					
TT					
U					
UU					
V					
VV					
W	Tai Elvin-Andrews	74	2	24	24
WW					
X					
XX					
Y					
YY					
Z	Harry Waterfield	68	5	21	41
ZZ	Zak Young	67	6	20	

u13B Obstacle Race

A		
B		
C		
D		
E		
F	Joe Fuller S Martin	Harvey Anderson
G		
H		
I		
J		
K	Nathan Smalls Alfie Williams	Mason Higby Charlie Williams
L		
M		
N		
O	Jamie Brown Jake Garside	Tristan McLellan Conrad Harrison
P		
Q		
R		
S		
T		
U		
V		
W	Callum Hopson Alec Wilson	Tai Elvin-Andrews Jamie Besford
X		
Y		
Z	Rio Ward Scott Leeder	Alex Simpson Harry Waterfield

Time
85.1
75.7
77.1
80.7
77.9

Pos	Points
5	21
1	25
2	24
4	22
3	23

u13G Overall Results

Lynn Sport

15NOV14

Team	2 Lap	4 Lap	6 Lap	Long Jump	Vert. Jump	Triple Jump	Speed Bounce	Shot	8 Lap Parlauf	4x2 Relay	Obstacle Relay	Points	Position
A													
B													
C													
D Dereham													
E													
F City of Norwich	29	36	34	40	37	39	38	40	21	21	21	356	3
G Great Yarmouth	44	35	45	46	39	45	45	36	23	23	24	405	2
H City of Norwich													
I City of Norwich	26	36		28	15	16				20		141	7
J Dereham													
K W Norfolk	41	34	45	33	46	36	31	38		24	23	351	4
L													
M													
N Ryston/ W Norfolk													
O City of Norwich	43	46	44	46	43	45	44	44	25	25	25	430	1
P Bungay Black Dog													
Q Bungay Black Dog													
R Great Yarmouth	11	23	15	12			17	30	20			128	8
S Diss/Thetford													
T Diss/Thetford													
U													
V													
W Waveney	41	24		39			42	23	24			193	6
X City of Norwich													
Y City of Norwich													
Z City of Norwich	36	36	37	16	41	40	19	36	22	22	22	327	5

u13G 2 lap		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D					
DD	Lily Edwards	[36.1]			
E					
EE					
F	Amy Money	25.4	10	16	29
FF	Kacey Elvin	26.1	13	13	
G	Hannah Mayne	23.5	1	25	44
GG	Kayley Earl	24.2	7	19	
H					
HH					
I	Heidi Lamb	25.4	12	14	26
II	Chloe Daynes	28.1	14	12	
J					
JJ					
K	Abigail Rice	23.8	3	23	41
KK	Ella Scott	24.7	8	18	
L					
LL					
M					
MM					
N					
NN					
O	Imogen La Chapelle	24.0	4	22	43
OO	Eleanor Brown	24.1	5	21	
P					
PP					
Q					
QQ					
R	Faith Willeard	28.6	15	11	11
RR					
S					
SS					
T					
TT					
U					
UU					
V					
VV					
W	Mia Hopson	23.6	2	24	41
WW	Harriet Gooch	24.7	9	17	
X					
XX					
Y					
YY					
Z	Isobell Whiting	25.4	11	15	36
ZZ	Serena Grace	24.1	5	21	

u13 4 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D					
DD					
E					
EE					
F	Alisha Youngs	55.1	6	20	36
FF	Olivia Brown	57.5	10	16	
G	Ellie Morgan	55.3	8	18	35
GG	Talia Barret	56.5	9	17	
H					
HH					
I	Chloe Daynes	60.8	12	14	36
II	Heidi Lamb	54.1	4	22	
J					
JJ					
K	Rosie Booth	58.4	11	15	34
KK	Rachel Chapman	55.2	7	19	
L					
LL					
M					
MM					
N					
NN					
O	Marnie Kelly	51.4	1	25	46
OO	Matilda Chitty	54.9	5	21	
P					
PP					
Q					
QQ					
R	Chanel Morgan	64.3	14	12	23
RR	Faith Willeard	65.9	15	11	
S					
SS					
T					
TT					
U					
UU					
V					
VV					
W	Mia Hopson	51.8	2	24	24
WW	Harriet Gooch				
X					
XX					
Y					
YY					
Z	Serena Grace	52.5	3	23	36
ZZ	Abby Flaxmer	62.1	13	13	

u13 6 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D					
DD					
E					
EE					
F	Lauren Garrett	96.0	8	18	34
FF	Abbie Haynes	103.6	10	16	
G	Poppy Wynes	88.2	2	24	45
GG	Kayley Earl	93.1	5	21	
H					
HH					
I	Elise Cooper				
II	Kirsty Sait-Steward				
J					
JJ					
K	Rosie Booth	89.9	4	22	45
KK	Rachel Chapman	89.2	3	23	
L					
LL					
M					
MM					
N					
NN					
O	Sophie Peach	81.4	1	25	44
OO	Eleanor Brown	94.8	7	19	
P					
PP					
Q					
QQ					
R	Chanel Morgan	104.5	11	15	15
RR					
S					
SS					
T					
TT					
U					
UU					
V					
VV					
W					
WW					
X					
XX					
Y					
YY					
Z	Imogen Eisenman	94.7	6	20	37
ZZ	Abby Flaxmer	100.4	9	17	

13G

Long Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
F	Alisha Youngs				2.06	3	23	40
FF	Olivia Brown				1.74	9	17	
G	Hannah Mayne				2.21	1	25	46
GG	Ellie Morgan				1.92	5	21	
H								
HH								
I	Heidi Lamb				1.64	11	15	28
II	Chloe Daynes				1.32	13	13	
J								
JJ								
K	Abigail Rice				1.76	7	19	33
KK	Rosie Booth				1.48	12	14	
L	Lily Edwards				[1.04]			
LL								
M								
MM								
N								
NN								
O	Eleanor Brown				2.09	2	24	46
OO	Imogen La Chapelle				1.96	4	22	
P								
PP								
Q								
QQ								
R	Faith Willeard				1.24	14	12	12
RR								
S								
SS								
T								
TT								
U								
UU								
V								
VV								
W	Mia Hopson				1.84	6	20	39
WW	Harriet Gooch				1.76	7	19	
X								
XX								
Y								
YY								
Z	Isobell Whiting				1.68	10	16	16
ZZ	Bethan Freeman							

3:00 pm

13G Vertical Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
F	Amy Money				45	5	21	
FF	Kacey Elvin				37	10	16	37
G	Poppy Wynes				44	6	20	
GG	Kayley Earl				41	7	19	39
H								
HH								
I	Heidi Lamb				29	11	15	15
II	Kirsty Sait-Steward							
J								
JJ								
K	Abigail Rice				46	4	22	
KK	Lucy Koenigsberger				48	2	24	46
L								
LL								
M								
MM								
N								
NN								
O	Marnie Kelly				40	8	18	
OO	Imogen La Chapelle				49	1	25	43
P								
PP								
Q								
QQ								
R								
RR								
S								
SS								
T								
TT								
U								
UU								
V								
VV								
W								
WW								
X								
XX								
Y								
YY								
Z	Serena Grace				48	2	24	
ZZ	Abby Flaxmer				39	9	17	41

13G

Triple Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
F	Alisha Youngs				6.24	3	23	39
FF	Abbie Haynes				4.36	10	16	
G	Hannah Mayne				6.73	1	25	45
GG	Talia Barret				5.44	6	20	
H								
HH								
I	Caitlyn Fox				4.36	10	16	16
II	Chloe Daynes							
J								
JJ								
K	Rachel Chapman				4.90	9	17	36
KK	Ella Scott				5.07	7	19	
L								
LL								
M								
MM								
N								
NN								
O	Eleanor Brown				6.33	2	24	45
OO	Matilda Chitty				5.81	5	21	
P								
PP								
Q								
QQ								
R								
RR								
S								
SS								
T								
TT								
U								
UU								
V								
VV								
W								
WW								
X								
XX								
Y								
YY								
Z	Serena Grace				6.14	4	22	40
ZZ	Imogen Eisenman				4.94	8	18	

13G 8 Lap Paarlauf

A	
B	
C	
D	
E	
F	Alisha Youngs Lauren Garrett
G	Talia Barret Ellie Morgan
H	
I	Chloe Daynes Heidi Lamb
J	
K	
L	
M	
N	
O	Sophie Peach Imogen La Chapelle
P	
Q	
R	Faith Willeard Chanel Morgan
S	
T	
U	
V	
W	Mia Hopson Harriet Gooch
X	
Y	
Z	Imogen Eisenman Isobell Whiting

Time
112.3
104.9
101.7
126.6
104.3
108.4

Pos	Points
5	21
3	23
1	25
6	20
2	24
4	22

