

NORFOLK Sportshall Athletics

Date: 10Nov12

Location: UEA



Set Save As

Competition Details:

Team Events

Sat 20th Oct - Lynnsport, Kings Lynn

Sat 10th Nov - Sportspark, UEA Norwich

Sat 8th Dec - Taverham High School, Norwich

Individual entry

22nd County Championship

Sat 12th Jan 2013 - Sportspark, UEA Norwich

Regional Competition (East)

Sat 19th Jan 2013 - U11 Fun in Athletics Festival, UEA

Sat 2nd Feb 2013 - U13/U15 East Regional Final, UEA

National Final

Sun 7th April 2013 LG Arena, Birmingham

[See National Sportshall link: http://www.sportshall.org/](http://www.sportshall.org/)

1:40 pm

u11B 2 Lap

		Time	Position	Points	Combined
G	Tyreece Simpson	24.7	1	25	46
GG	Levi Lawson	25.8	5	21	
S	Guy McCarr	26.1	6	20	27
SS	Isaac Low	29.8	19	7	
O	Toby Robinson	25.3	2	24	47
OO	Zak Young	25.7	3	23	
Z	Kieran Harding	26.8	10	16	31
ZZ	Rio Ward	27.4	11	15	
F	Darcey Reil	26.3	7	19	41
FF	Alex Simpson	25.7	4	22	
K	Will Freeman	27.7	13	13	18
KK	Ben Smith	32.4	21	5	
00					
D	Tom Mackay	26.6	9	17	23
DD	Joseph Crane	29.9	20	6	
H	Joshua Long	28.7	16	10	28
HH	Charlie Green	26.5	8	18	
X	Finn Ash	29.2	17	9	23
XX	Ben Terry	27.5	12	14	
Y	Jake Empson	28.3	14	12	24
YY	Louis Dobson	28.3	14	12	
A	Oscar Williams	29.7	18	8	8
AA	Maxwell Chambers				
2A		[28.5]			
00					
00					
00					
00					

3:20 pm

u11B 4 Lap

		Time	Position	Points	Combined
G	Marley Barker	61	13	13	13
GG					
S	Matthew Renault	66.6	17	9	9
SS	Isaac Low				
O	Josh Kirk	54.8	1	25	43
OO	Tristian McLellan	58.4	8	18	
Z	Tom Gamson	58.2	7	19	40
ZZ	Mattie Sexton	56.9	5	21	
F	Kieran Rogers	60.6	11	15	37
FF	Conrad Harrison	56.8	4	22	
K	Robert McQueen	62.7	14	12	19
KK	Ben Smith	70.3	19	7	
00					
D	Angus Aberdein	56	3	23	33
DD	Archie Wakefield	64.3	16	10	
H	Joshua Knight	59.8	9	17	25
HH	S M	67.6	18	8	
X	Oliver Smith	55.1	2	24	35
XX	Reuben Brooks	63.4	15	11	
Y	Oliver Housden	60.1	10	16	36
YY	Joshua Page	57.6	6	20	
A	Harry Groom	60.9	12	14	14
AA	Maxwell Chambers				
00					
00					
00					
00					

3:00 pm

u11B 2 Lap Hurdles

		Time	Position	Points	Combined
G	Tyreece Simpson	27.3	3	23	41
GG	Levi Lawson	28.0	8	18	
S	Guy McCarr	27.0	2	24	34
SS	Matthew Renault	31.3	16	10	
O	Zak Young	27.8	6	20	42
OO	Jake Garside	27.7	4	22	
Z	William Stoppani	35.1	22	4	9
ZZ	Jenson Cooper	33.8	21	5	
F	Edward Horton	27.7	4	22	34
FF	Austin Feeley	31.1	14	12	
K	Will Freeman	29.2	9	17	28
KK	Robert McQueen	31.2	15	11	
00					
D	Tom Mackay	27.0	1	25	38
DD	Harvey Flynn	30.9	13	13	
H	Luke Watker	30.8	12	14	29
HH	Jack O'Malley	30.0	11	15	
X	Reuben Brooks	27.9	7	19	28
XX	Luke Fox	32.4	17	9	
Y	Joe Tillet	33.2	19	7	15
YY	Lewis Upex	33.1	18	8	
A	Oscar Williams	29.5	10	16	22
AA	Harry Groom	33.6	20	6	
00					
00					
00					
00					
00					

2:00 pm

u11B Vertical Jump

		First Jump	Second Jump	Third Jump
G	Tyreece Simpson			
GG	Levi Lawson			
S	Matthew Renault			
SS	Tom Derbyshire			
O	Tristian McLellan			
OO	Jake Garside			
Z	Tom Gamson			
ZZ	William Stoppani			
F	Edward Horton			
FF	Kieran Rogers			
K	Robert McQueen			
KK				
00				
D	Angus Aberdein			
DD	Harvey Flynn			
H	S M			
HH	Jack O'Malley			
X	Oliver Smith			
XX	Ben Terry			
Y	Oliver Housden			
YY	Lewis Upex			
A	Jack Barrett			
AA	Oscar Williams			
00				
2A	Matthew Snell			
00				
00				
00				

Best Jump
40
39
25
22
48
39
34
22
39
32
35
35
32
24
29
27
31
31
30
31
30
[33]

Position	Points
2	24
3	23
18	8
20	6
1	25
3	23
8	18
20	6
3	23
9	17
6	20
6	20
9	17
19	7
16	10
17	9
11	15
11	15
14	12
11	15
14	12

Combined
47
14
48
24
40
20
37
17
24
27
27

1:20 pm

u11B Speed Bounce

		Total Jumps	Position	Points	Combined Total
G	Marley Barker	35	18	8	8
GG					
S	Matthew Renault	40	13	13	31
SS	Guy McCarr	42	8	18	
O	Josh Kirk	51	1	25	48
OO	Toby Robinson	45	3	23	
Z	Kieran Harding	44	5	21	31
ZZ	Rio Ward	37	16	10	
F	Edward Horton	49	2	24	47
FF	Austin Feeley	45	3	23	
K	Will Freeman	41	11	15	21
KK	Ben Smith	33	20	6	
00					
D	Angus Aberdein	42	8	18	37
DD	Harvey Flynn	43	7	19	
H	Joshua Long	42	8	18	24
HH	Jack O'Malley	33	20	6	
X	Reuben Brooks	36	17	9	24
XX	Luke Fox	41	11	15	
Y	Oliver Housden	40	13	13	24
YY	Joshua Page	39	15	11	
A	Harry Groom	44	5	21	29
AA	Oscar Williams	35	18	8	
00					
00					
00					
00					
00					

3:25 pm

u11B Seated Ball Throw

		First Throw	Second Throw	Third Throw	Best Throw
G	Tyreece Simpson				7.25
GG					
S	Tom Derbyshire				4.25
SS	Isaac Low				4.75
O	Jake Garside				7.00
OO	Toby Robinson				5.00
Z	Mattie Sexton				7.25
ZZ	Rio Ward				5.25
F	Alex Simpson				5.00
FF	Conrad Harrison				5.00
K	Robert McQueen				4.50
KK					
00					
D	Tom Mackay				6.75
DD	Joseph Crane				6.25
H	Joshua Knight				4.25
HH	Charlie Green				6.50
X	Finn Ash				5.25
XX	Ben Terry				5.75
Y	Jake Empson				4.25
YY	Lewis Upex				3.75
A	Jack Barrett				5.75
AA	Oscar Williams				5.75
00					
00					
00					
00					
00					

Position	Points
1	25
17	9
15	11
3	23
12	14
1	25
10	16
12	14
12	14
16	10
4	22
6	20
17	9
5	21
10	16
7	19
17	9
20	6
7	19
7	19

Combined
25
20
37
41
28
10
42
30
35
15
38

2:20 pm

**u11B 6 Lap
Paarlauf**

G	Levi Lawson
GG	Marley Barker
S	Guy McCarr
SS	Matthew Renault
O	Tristian McLellan
OO	Toby Robinson
Z	Rio Ward
ZZ	Kieran Harding
F	Alex Simpson
FF	Edward Horton
K	Will Freeman
KK	Robert McQueen
00	
D	Harvey Flynn
DD	Archie Wakefield
H	Charlie Green
HH	Jack O'Malley
X	Luke Fox
XX	Reuben Brooks
Y	Jake Empson
YY	Louis Dobson
A	Maxwell Chambers
AA	Harry Groom
00	
00	
00	
00	
00	

Time
82.8
85.5
82.7
81.8
82.4
85.2
88.7
84
85.8
87.4

Position	Points
4	22
7	19
3	23
1	25
2	24
6	20
10	16
5	21
8	18
9	17

1:10 pm

u11B Obstacle Race

G	Levi Lawson	Tyrece Simpson
GG	Marley Barker	
S	Guy McCarr	Tom Derbyshire
SS	Matthew Renault	Isaac Low
O	Zak Young	Josh Kirk
OO	Jake Garside	Tristian McLellan
Z	Tom Gamson	Mattie Sexton
ZZ	William Stoppani	Jenson Cooper
F	Kieran Rogers	Conrad Harrison
FF	Austin Feeley	Darcey Reil
K	Robert McQueen	Will Freeman
KK	Ben Smith	David McQueen
00		
D	Angus Aberdeen	Tom Mackay
DD	Joseph Crane	Harvey Flynn
H	S M	Luke Watker
HH	Joshua Knight	Joshua Long
X	Oliver Smith	William Sudds
XX	Ben Terry	Finn Ash
Y	Oliver Housden	Lewis Upex
YY	Joe Tillet	Joshua Page
A	Jack Barrett	Harry Groom
AA	Oscar Williams	Ben Jones
00		
00		
00		
00		
00		

Time
101.9
81.9
94.2
87.9
97.6
91.4
102.4
96.3
94
103.9

Position	Points
8	18
1	25
5	21
2	24
7	19
3	23
9	17
6	20
4	22
10	16

1:35 pm

u11G 2 Lap

		Time	Position	Points	Combined
G	Ellie Morgan	27.1	6	20	43
GG	Sharna Dobson	26.8	3	23	
S	Breeze Redwine	27.5	9	17	22
SS	Niamh Somers	30.7	21	5	
O	Chloe Quantrill	25.1	1	25	49
OO	Imogen La Chappelle	25.4	2	24	
Z	Amelia Cropley	28.4	14	12	22
ZZ	Caitlin Fox	28.7	16	10	
F	Kate Houldey	29.1	18	8	27
FF	Madelaine Feeley	27.4	7	19	
K	Abigail Rice	26.9	5	21	28
KK	Emma Harvey	30.3	19	7	
00					
D	Erin McNulty	28.0	10	16	19
DD	Faye Smith	31.4	23	3	
H	Abbey Wilkinson	28.0	10	16	35
HH	Louise May	27.4	7	19	
X	Elizabeth Lloyd	29.0	17	9	23
XX	Christa Walton	28.2	12	14	
Y	Emily George	30.6	20	6	6
YY					
A	Jessie Lloyd	26.9	4	22	36
AA	Evie Mathews Cook	28.2	12	14	
R	Talane Simpson	28.6	15	11	15
RR	Faith Willeard	31.0	22	4	
2A		[26.7]			
2B		[28.9]			
4A		[37.2]			
00					
00					

3:25 pm

u11G 4 Lap

		Time	Position	Points	Combined
G	Ellie Morgan	59.7	5	21	37
GG	Poppy Wynes	61.9	10	16	
S	Breeze Redwine	61.3	8	18	18
SS					
O	Katie Goldsmith	54.1	1	25	48
OO	Sophie Peach	59.2	3	23	
Z	Eden Harrison	58.8	2	24	35
ZZ	Abbey Flaxmer	63.7	15	11	
F	Kacey Elvin	63	12	14	26
FF	Kate Houldey	63.5	14	12	
K	Lucy Koenigsberger	59.2	3	23	30
KK	Lucy Kerham	66.4	19	7	
00					
D	Abigail Smith	71.9	22	4	7
DD	Elanor Ampleford	73.8	23	3	
H	Elise Cooper	66.1	18	8	25
HH	Sian Stoppani	61.5	9	17	
X	Charlotte Gundry	62	11	15	34
XX	Marnie Kelly	61	7	19	
Y	Morgan Osei-Poku	70.4	21	5	15
YY	Imogen Milroy	63.8	16	10	
A	Meredith Winship	66.5	20	6	26
AA	Grace Greenfield	60.7	6	20	
R	Talane Simpson	63.4	13	13	22
RR	Lucy Cambridge	64.7	17	9	
00					
00					
00					
00					

2:50 pm

u11G 2 Lap Hurdles

		Time	Position	Points	Combined
G	Sharna Dobson	30	7	19	29
GG	Sophie Long	32.9	16	10	
S	Niamh Somers	34.7	19	7	7
SS					
O	Maya Lawlor	28.5	2	24	49
OO	Lena Matsuka-William	28.1	1	25	
Z	Emily Coleman	29.8	6	20	33
ZZ	Isobel Whiting	31.7	13	13	
F	Lauren Garret	33.8	17	9	30
FF	Eleanor Brown	29.4	5	21	
K	Abigail Rice	31.6	12	14	36
KK	Lucy Koenigsberger	29	4	22	
OO					
D	Erin McNulty	31.2	11	15	21
DD	Faye Smith	36	20	6	
H	Caitlin Turner	32	14	12	15
HH	Evie Kirk	38	23	3	
X	Esme Walton	30.4	8	18	22
XX	Macey Kelly	36.7	22	4	
Y	S B	30.6	10	16	27
YY	Emma Ledward	32.7	15	11	
A	Jessie Lloyd	28.8	3	23	40
AA	Evie Mathews Cook	30.5	9	17	
R	Chanel Morgan	36	20	6	14
RR	Lucy Cambridge	34.2	18	8	
2B		[31.2]			
5B		[35.6]			
6A		[35.7]			
OO					
OO					

u11G Long Jump

		First jump	Second jump	Third jump
G	Poppy Wynes			
GG	Sharna Dobson			
S	Breeze Redwine			
SS	Niamh Somers			
O	Imogen La Chappelle			
OO	Katie Goldsmith			
Z	Amelia Cropley			
ZZ	Eden Harrison			
F	Lauren Garret			
FF	Madeleine Feeley			
K	Abigail Rice			
KK	Lucy Kerham			
00				
D	Erin McNulty			
DD	Elanor Ampleford			
H	Caitlin Turner			
HH	Louise May			
X	Charlotte Gundry			
XX	Christa Walton			
Y	Morgan Osei-Poku			
YY	Emma Ledward			
A	Jessie Lloyd			
AA	Meredith Winship			
R	Talane Simpson			
RR	Lucy Cambridge			
4a	Lily Edwards			
00				
00				
00				

Best Jump
1.52
1.6
1.55
1.38
1.53
1.76
1.36
1.53
1.08
1.5
1.62
1.18
1.41
1.44
1.45
1.65
1.46
1.38
1.3
1.81
1.86
1.29
1.34
[0.99]

Position	Points
10	16
6	20
7	19
16	10
8	18
3	23
18	8
8	18
23	3
11	15
5	21
22	4
15	11
14	12
13	13
4	22
12	14
16	10
20	6
2	24
1	25
21	5
19	7

Combined
36
29
41
26
18
25
11
25
36
16
49
12

1:10 pm

u11G Vertical Jump

		First Jump	Second Jump	Third Jump
G	Ellie Morgan			
GG	Sharna Dobson			
S	Niamh Somers			
SS				
O	Chloe Quantrill			
OO	Lena Matsuka-Williams			
Z	Emily Coleman			
ZZ	Isobel Whiting			
F	Lauren Garret			
FF	Kate Houldey			
K	Abigail Rice			
KK	Emma Harvey			
OO				
D	Erin McNulty			
DD	Faye Smith			
H	Abbey Wilkinson			
HH	Elise Cooper			
X	Charlotte Gundry			
XX	Marnie Kelly			
Y	S B			
YY				
A	Ria Simmonds			
AA	Jessie Lloyd			
R	Faith Willeard			
RR	Chanel Morgan			
4A	Lily Edwards			
2B	Rosie Baxter			
2A	Emma Hill			
OO				
OO				

Best Jump
33
37
34
38
44
37
34
31
28
42
28
31
28
33
22
38
32
39
38
23
24
[21]
[24]
[39]

Position	Points
11	15
7	19
9	17
4	22
1	25
7	19
9	17
14	12
16	10
2	24
16	10
14	12
16	10
11	15
21	5
4	22
13	13
3	23
4	22
20	6
19	7

Combined
34
17
47
36
22
34
22
20
35
23
22
13

2:00 pm

u11G Speed Bounce

		Total Jumps	Position	Points	Combined Total
G	Ellie Morgan	41	10	16	38
GG	Poppy Wynes	47	4	22	
S	Breeze Redwine	35	19	7	7
SS					
O	Chloe Quantrill	51	1	25	49
OO	Maya Lawlor	49	2	24	
Z	Abbey Flaxmer	42	9	17	38
ZZ	Caitlin Fox	46	5	21	
F	Eleanor Brown	39	12	14	34
FF	Madeleine Feeley	45	6	20	
K	Lucy Koenigsberger	49	2	24	38
KK	Lucy Kerham	39	12	14	
00					
D	Abigail Smith	39	12	14	23
DD	Elanor Ampleford	37	17	9	
H	Abbey Wilkinson	43	7	19	33
HH	Evie Kirk	39	12	14	
X	Elizabeth Lloyd	32	21	5	20
XX	Esme Walton	40	11	15	
Y	Emily George	31	22	4	14
YY	Imogen Milroy	38	16	10	
A	Meredith Winship	43	7	19	25
AA	Evie Mathews Cook	34	20	6	
R	Lucy Cambridge	37	17	9	12
RR	Faith Willeard	28	23	3	
2C	Emily Baker	[42]			
2A	Emma Hill	[44]			
6B	Grace Greenfield	[31]			
00					
00					

1:30 pm

u11G Seated Ball Throw

		First Throw	Second Throw	Third Throw	Best Throw
G	Sophie Long				6.00
GG					
S					
SS					
O	Maya Lawlor				5.50
OO	Sophie Peach				5.50
Z	Emily Coleman				6.75
ZZ	Isobel Whiting				4.00
F	Eleanor Brown				4.50
FF	Kacey Elvin				5.50
K	Lucy Koenigsberger				7.25
KK	Emma Harvey				4.00
00					
D	Abigail Smith				4.00
DD	Faye Smith				3.00
H	Caitlin Turner				4.00
HH	Sian Stoppani				4.50
X	Elizabeth Lloyd				4.00
XX	Macey Kelly				4.00
Y	Emily George				4.50
YY					
A	Grace Greenfield				3.50
AA	Ria Simmonds				3.75
R	Talane Simpson				3.75
RR	Chanel Morgan				3.75
00					
00					
00					
00					

Position	Points
3	23
4	22
4	22
2	24
10	16
7	19
4	22
1	25
10	16
10	16
20	6
10	16
7	19
19	7
16	10
16	10
16	10

Combined
23
44
40
41
41
22
35
32
19
17
20

2:15 pm

**u11G 6 Lap
Paarlauf**

G	Ellie Morgan
GG	Poppy Wynes
S	Breeze Redwine
SS	Niamh Somers
O	Chloe Quantrill
OO	Imogen La Chappelle
Z	Eden Harrison
ZZ	Amelia Cropley
F	Eleanor Brown
FF	Madeleine Feeley
K	Abigail Rice
KK	Lucy Koenigsberger
00	
D	Abigail Smith
DD	Erin McNulty
H	Abbey Wilkinson
HH	Caitlin Turner
X	Charlotte Gundry
XX	Elizabeth Lloyd
Y	Emily George
YY	Emma Ledward
A	Meredith Winship
AA	Emma Bell
R	Talane Simpson
RR	Lucy Cambridge
00	
00	
00	
00	

Time
86.1
90.6
78.6
86.7
82.7
85.6
90.4
93.6
87.2
93.5
90.1
94.7

Position	Points
4	22
9	17
1	25
5	21
2	24
3	23
8	18
11	15
6	20
10	16
7	19
12	14

1:00 pm

u11G Obstacle Race

G	Sophie Long	Poppy Wynes
GG	Sharna Dobson	Ellie Morgan
S		
SS		
O	Sophie Peach	Lena Matsuka-Williams
OO	Katie Goldsmith	Maya Lawlor
Z	Abbey Flaxmer	Isobel Whiting
ZZ	Emily Coleman	Caitlin Fox
F	Lauren Garret	Eleanor Brown
FF	Kacey Elvin	Kate Houldey
K	Abigail Rice	Lucy Kerham
KK	Emma Harvey	Lucy Koenigsberger
00		
D	Erin McNulty	Abigail Smith
DD	Elanor Ampleford	Faye Smith
H	Louise May	Elise Cooper
HH	Evie Kirk	Sian Stoppani
X	Christa Walton	Esme Walton
XX	Macey Kelly	Marnie Kelly
Y	Imogen Milroy	S B
YY	Morgan Osei-Poku	Emma Ledward
A	Jessie Lloyd	Evie Mathews Cook
AA	Meredith Winship	Ria Simmonds
R	Lucy Cambridge	Faith Willeard
RR	Chanel Morgan	Talane Simpson
00		
00		
00		
00		

Time
91.9
85
91.2
95.8
90.7
98.7
98
96
100.6
90.6
98.6

Position	Points
5	21
1	25
4	22
6	20
3	23
10	16
8	18
7	19
11	15
2	24
9	17

