

City of Norwich AC Sportshall Champs & Open - Taverham 2012

U11 Boys

Overall

Age Group	u11B	CoNAC	Points	Position
10	Jaquan	Moore	73	1
15	Harvey	Lake	66	2
16	James	McKillop	46	19
17	Harrison	Death	63	7
19	Tyler	Blunden	63	7
20	Owen	Appleton	44	20
38	Edward	Horton	41	21
39	Mattie	Sexton	55	13
71	Olly	Ashworth	62	9
76	Morgan	Taylor	65	4
84	Matthew	Horton	61	10
85	Benjamin	Horton	66	2
90	Daniel	Wilson	50	17
91	Darcey	Reil	54	15
99	Charlie	Green	53	16
472	Josh	Kirk	37	22
473	Alfie	Garside	64	6
474	Jake	Garside	61	10
475	Joe	Fuller	49	18
478	Alexander	Simpson	65	4
479	Ethan	Warne	55	13
482	Zak	Young	58	12

U11 Girls

Overall

Age Group	u11G	CoNAC	Points	Position
36	Sophie	Peach	63	5
37	Imogen	La Chapelle	67	4
40	Katie	Goldsmith	63	5
41	Abby	Flaxmer	47	12
42	Caitlin	Turner	40	14
43	Alice	Childs	47	12
79	Katie	Daniels	69	2
89	Christina	Wilson	69	2
93	Alicia	Akinbiyi	74	1
94	Emily	Colman	50	11
97	Sarah	Matsuka-Williams	57	9
98	Maya	Lawlor	53	10
471	Tallulah	Lebon	62	7
476	Chloe	Quantrill	62	7

U13 Boys

Overall

Age Group	u13B	CoNAC	Points	Position
14	Joe	Dickinson	68	4
67	Harry	Hudson	66	5
69	Alfie	Tatt	61	6
81	Tom	Greeves	71	2
86	Joel	Childs	55	8
88	Billy	Olley-Hindle	74	1
95	Wesley	Matsuka-Willia	70	3
484	William	Gamson	61	6

U13 Girls

Overall

Age Group	u13G	CoNAC	Points	Position
8	Hanna	Free	58	12
9	Olivia	Holmes	64	6
11	Sophie	Bishop	64	6
12	Izzy	Chrysafi	69	2
13	Madison	Stubbs	69	2
18	Maddy	Parle	60	11
54	Lauren	Stansbury	69	2
66	Chloe	Mason	68	5
68	Lauren	Bradfield	63	9
80	Emily	Mace	63	9
87	Sienna	Sexton	73	1
477	Amy	Quantrill	64	6

U15 Boys

Overall

Age Group	u15B	CoNAC	Points	Position
52	Tom	Lake	75	1
65	Chris	Fryer	70	4
92	Sam	Green	74	2
96	Ben	Matsuka-Williams	73	3

U15 Girls

Overall

Age Group	u15G	CoNAC	Points	Position
53	Grace	Ashworth	74	1
55	Harriet	Searjeant	69	4
70	Anna	Death	69	4
77	Mia	Sewell	71	3
100	Hannah	Maher	73	2
480	Katie	Clark	68	6
481	Ellie	Jamieson	49	7
483	Eve	Smith	44	8

U11 Boys

Overall

Age Group	u11B	OPEN	Points	Position
505	Tom	Sowerby	70	3
507	Harry	Basset		
510	Adam	Simmonds	68	4
548	James	Swan	50	7
551	Joel	Clarke	73	1
554	Luke	Spencer	64	6
564	Henry	Wilson	71	2
572	Jamie	Vinall	67	5

U11 Girls

Overall

Age Group	u11G	OPEN	Points	Position
503	Rosie	Gillet	53	8
506	Olivia	Delph	47	12
508	Sophia	Basset		
511	Eloise	Richmond	60	4
547	Jade	Swan	25	20
552	Evie	Cooper	51	9
555	Kacey	Elvin	31	17
556	Eleanor	Brown	51	9
557	Olivia	Brown	32	16
561	Ellie	Morgan	59	5
565	Sophie	Long	39	14
567	Poppy	Wynes	47	12
573	Lily	Edwards	22	21
576	Abbie	Boast	31	17
577	Alice	Wakeley	72	1
583	Kitty	Spurway	28	19
584	Daisy	Spurway	70	2
585	Laura-Rose	Cook		
593	Emily	Gilbertson		
594	Oke	Igomereho	16	22
595	Charlotte	Potts	49	11
596	Rachel	Bruce	54	7
597	Alice	Martin	36	15
598	Netra	Jeyapragash	58	6
599	Isobel	Holroyd	63	3

U13 Boys

Overall

Age Group	u13B	OPEN	Points	Position
501	Michael	Cross	68	3
502	Peter	Cross	64	4
509	Ben	Simmonds	72	2
549	Harry	Clayton	62	6
553	Jack	Barber	74	1
580	Connor	Dobson	64	4
581	Joseph	Nicholson	56	7

U13 Girls

Overall

Age Group	u13G	OPEN	Points	Position
504	Jemima	Bostrom		
550	Samantha	Hixson		
558	Amy	Dowsett	74	1
559	Jasmin	Kemp	58	9
560	Hermione	La Chapelle	55	12
562	Holly	Baker	61	8
566	Chloe	Long	67	5
570	Niamh	Jackson		
571	Emma	Dewdney	62	7
574	Lucy	Edwards	71	3
578	Ella	Wakeley	57	10
579	Catherine	Long	48	14
582	Kelsey	Wenden	70	4
586	Natoya	Rimmer	72	2
590	Emily	Hewett	47	15
591	Ella	Sharrock	65	6
592	Eve	Hing	54	13
600	Freya	Biles	57	10

U15 Boys

Overall

Age Group	u15B	OPEN	Points	Position
568	Jack	Rodwell	73	
569	Ashley	Jarvis		1

U15 Girls

Overall

Age Group	u15G	OPEN	Points	Position
563	Phoebe	Baker	74	2
575	Katie	Pursehouse	75	1
589	Alice	Watson-flowers	72	3

u11B

2 LAP

No	Name	Club	Qualifying		Qualify	No of lanes Final		5 Overall		
			Time	position		time	position	Position	Points	
16	James	McKillop	CoNAC	25.2	3			3	23	
19	Tyler	Blunden	CoNAC	25.2	3	Qualify	24.2	1	1	25
20	Owen	Appleton	CoNAC	29.3	20			20	6	
38	Edward	Horton	CoNAC	28.8	19			19	7	
39	Mattie	Sexton	CoNAC	27.4	15			15	11	
85	Benjamin	Horton	CoNAC	26.3	7			7	19	
90	Daniel	Wilson	CoNAC	27.9	18			18	8	
91	Darcey	Reil	CoNAC	26.8	12			12	14	
99	Charlie	Green	CoNAC	26.7	11			11	15	
472	Josh	Kirk	CoNAC	26.6	10			10	16	
473	Alfie	Garside	CoNAC	25.1	2	Qualify	25.7	5	5	21
474	Jake	Garside	CoNAC	27	13			13	13	
475	Joe	Fuller	CoNAC	27.6	16			16	10	
478	Alexander	Simpson	CoNAC	26.3	7			7	19	
479	Ethan	Warne	CoNAC	26.4	9			9	17	
505	Tom	Sowerby		25.5	6	Qualify	25.1	3	3	23
507	Harry	Basset								
510	Adam	Simmonds		25.3	5	Qualify	25.5	4	4	22
548	James	Swan		30.7	22			22	4	
551	Joel	Clarke		24.9	1	Qualify	24.5	2	2	24
554	Luke	Spencer		27.8	17			17	9	
564	Henry	Wilson		27	13			13	13	
572	Jamie	Vinall		29.7	21			21	5	

u11B**4 LAP**

No	Name	Club	Qualifying		Qualify	Final		Overall		
			Time	Position		Time	Position	Positon	Points	
10	Jaquan	Moore	CoNAC	53.8	1	Qualify	54.2	2	2	24
15	Harvey	Lake	CoNAC	56.7	6				6	20
17	Harrison	Death	CoNAC	56.2	5	Qualify	56.5	5	5	21
71	Olly	Ashworth	CoNAC	57.9	7				7	19
76	Morgan	Taylor	CoNAC	54.8	3	Qualify	55.7	4	4	22
84	Matthew	Horton	CoNAC	54.7	2	Qualify	53.4	1	1	25
482	Zak	Young	CoNAC	55.7	4	Qualify	54.5	3	3	23

u11B**LONG JUMP**

No	Name	Club	Best Jump	Position	
16	James	McKillop	CoNAC	1.78	4
71	Olly	Ashworth	CoNAC	1.61	7
84	Matthew	Horton	CoNAC	2	2
85	Benjamin	Horton	CoNAC	2.04	1
482	Zak	Young	CoNAC	1.68	6
505	Tom	Sowerby		1.85	3
507	Harry	Basset			
548	James	Swan		1.38	8
551	Joel	Clarke		1.77	5

u11B**VERTICAL JUMP**

No	Name	Club	Best Jump	Position	
19	Tyler	Blunden	CoNAC	45	3
20	Owen	Appleton	CoNAC	26	10
76	Morgan	Taylor	CoNAC	42	5
90	Daniel	Wilson	CoNAC	28	9
91	Darcey	Reil	CoNAC	46	1
472	Josh	Kirk	CoNAC	34	6
475	Joe	Fuller	CoNAC	33	8
478	Alexander	Simpson	CoNAC	43	4
510	Adam	Simmonds		45	2
554	Luke	Spencer		33	7

u11B**SPEED BOUNCE**

No	Name	Club	No of Bounces	Position	
10	Jaquan	Moore	CoNAC	53	2
15	Harvey	Lake	CoNAC	52	5
17	Harrison	Death	CoNAC	54	1
38	Edward	Horton	CoNAC	46	9
39	Mattie	Sexton	CoNAC	53	2
99	Charlie	Green	CoNAC	45	10
473	Alfie	Garside	CoNAC	48	8
474	Jake	Garside	CoNAC	53	2
479	Ethan	Warne	CoNAC	51	6
564	Henry	Wilson		51	6
572	Jamie	Vinall		44	11

u11B**Seated Ball Throw**

No	Name	Club	Best Throw	Position	
10	Jaquan	Moore	CoNAC	8	1
20	Owen	Appleton	CoNAC	4.75	6
85	Benjamin	Horton	CoNAC	5.25	4
90	Daniel	Wilson	CoNAC	5.5	3
99	Charlie	Green	CoNAC	4.75	5
473	Alfie	Garside	CoNAC	6.5	2
551	Joel	Clarke		4.75	7

u11B**Turbo Javelin**

No	Name	Club	Best Throw	Position	
15	Harvey	Lake	CoNAC	19	1
16	James	McKillop	CoNAC		
17	Harrison	Death	CoNAC	14	11
19	Tyler	Blunden	CoNAC	13.2501	15
38	Edward	Horton	CoNAC	13.50	12
39	Mattie	Sexton	CoNAC	15	8
71	Olly	Ashworth	CoNAC	15	6
76	Morgan	Taylor	CoNAC	15.0001	7
84	Matthew	Horton	CoNAC	11.5	18
91	Darcey	Reil	CoNAC	13.5001	13
474	Jake	Garside	CoNAC	17.25	3
475	Joe	Fuller	CoNAC	15	9
478	Alexander	Simpson	CoNAC	16.75	4
479	Ethan	Warne	CoNAC	14.75	10
482	Zak	Young	CoNAC	12.5	17
505	Tom	Sowerby		13.25	16
507	Harry	Basset			
510	Adam	Simmonds		11.25	19
548	James	Swan		13.5	14
554	Luke	Spencer		7.25	20
564	Henry	Wilson		18	2
572	Jamie	Vinall		16.25	5

u11G		2 LAP		Qualifying			Final		Overall	
No	Name	Club	Time	Position	Qualify	Time	Position	Position	Points	
37	Imogen	La Chapelle	CoNAC	25.7	2	Qualify	25.8	3	3	23
41	Abby	Flaxmer	CoNAC	28	12				12	14
42	Caitlin	Turner	CoNAC	28.1	14				14	12
43	Alice	Childs	CoNAC	29.1	18				18	8
79	Katie	Daniels	CoNAC	26.2	3	Qualify	26.3	4	4	22
93	Alicia	Akinbiyi	CoNAC	24.3	1	Qualify	24	1	1	25
94	Emily	Colman	CoNAC	28.1	14				14	12
97	Sarah	Matsuka-Williams	CoNAC	27.4	8				8	18
98	Maya	Lawlor	CoNAC	26.7	6				6	20
476	Chloe	Quantrill	CoNAC	26.4	5	Qualify	26.5	5	5	21
506	Olivia	Delph		27.5	10				10	16
511	Eloise	Richmond		27.3	7				7	19
547	Jade	Swan		32.6	25				25	1
552	Evie	Cooper		27.5	10				10	16
555	Kacey	Elvin		29.2	19				19	7
556	Eleanor	Brown		28.5	17				17	9
557	Olivia	Brown		30.8	23				23	3
565	Sophie	Long		30.1	22				22	4
567	Poppy	Wynes		28.1	14				14	12
573	Lily	Edwards	West Norfolk	41.9	27				27	
576	Abbie	Boast		29.8	21				21	5
577	Alice	Wakeley		26.2	3	Qualify	25.5	2	2	24
583	Kitty	Spurway	GYDAC	33.2	26				26	
585	Laura-Rose	Cook								
593	Emily	Gilbertson								
594	Oke	Igomereho		31.3	24				24	2
595	Charlotte	Potts		28	12				12	14
597	Alice	Martin		29.2	19				19	7
599	Isobel	Holroyd		27.4	8				8	18

u11G**4 LAP**

No	Name	Club	Qualifying		Final		Overall		
			Time	Position	Time	Position	Position	Points	
36	Sophie	Peach	58.9		Qualify	60.3	5	5	21
40	Katie	Goldsmith	55.1		Qualify	54.2	1	1	25
89	Christina	Wilson	57.8		Qualify	58.6	4	4	22
471	Tallulah	Lebon	60.5					6	20
503	Rosie	Gillet	65.9					9	17
508	Sophia	Basset							
561	Ellie	Morgan	62					7	19
584	Daisy	Spurway	57.1		Qualify	57	2	2	24
596	Rachel	Bruce	59.5		Qualify	57.6	3	3	23
598	Netra	Jeyapragash	63.4					8	18

u11G**LONG JUMP**

No	Name	Club	Best Jump	Position	
41	Abby	Flaxmer	CoNAC	1.41	9
79	Katie	Daniels	CoNAC	1.86	2
89	Christina	Wilson	CoNAC	1.78	4
93	Alicia	Akinbiyi	CoNAC	1.94	1
503	Rosie	Gillet		1.53	7
511	Eloise	Richmond		1.75	5
552	Evie	Cooper		1.61	6
557	Olivia	Brown		1.38	10
565	Sophie	Long		1.25	13
573	Lily	Edwards	West Norfolk	0.75	14
576	Abbie	Boast		1.27	11
594	Oke	Igomereho		1.27	12
597	Alice	Martin		1.47	8
599	Isobel	Holroyd		1.83	3

u11G**VERTICAL JUMP**

No	Name	Club	Best Jump	Position	
37	Imogen	La Chapelle	CoNAC	34	5
40	Katie	Goldsmith	CoNAC	41	1
42	Caitlin	Turner	CoNAC	32	8
97	Sarah	Matsuka-Williams	CoNAC	35	4
547	Jade	Swan		24	10
593	Emily	Gilbertson			
584	Daisy	Spurway	GYDAC	40	2
567	Poppy	Wynes		34	5
561	Ellie	Morgan		34	7
556	Eleanor	Brown		36	3
555	Kacey	Elvin		26	9

u11G**SPEED BOUNCE**

No	Name	Club	No of Bounces	Position	
36	Sophie	Peach	CoNAC	50	2
43	Alice	Childs	CoNAC	37	11
94	Emily	Colman	CoNAC	44	7
98	Maya	Lawlor	CoNAC	43	8
471	Tallulah	Lebon	CoNAC	46	5
476	Chloe	Quantrill	CoNAC	53	1
506	Olivia	Delph		48	4
508	Sophia	Basset			
577	Alice	Wakeley		49	3
583	Kitty	Spurway	GYDAC	40	10
585	Laura-Rose	Cook			
595	Charlotte	Potts		37	11
596	Rachel	Bruce		42	9
598	Netra	Jeyapragash		46	5

u11G**Seated Ball Throw**

No	Name	Club	Best Throw	Position	
36	Sophie	Peach	CoNAC	4.5	8
37	Imogen	La Chapelle	CoNAC	5.25	3
89	Christina	Wilson	CoNAC	6.75	1
93	Alicia	Akinbiyi	CoNAC	5.5	2
94	Emily	Colman	CoNAC	4.5	7
476	Chloe	Quantrill	CoNAC	4.25	10
503	Rosie	Gillet		4.25	9
511	Eloise	Richmond		4.5	6
552	Evie	Cooper		4.25	11
557	Olivia	Brown		3.75	13
561	Ellie	Morgan		3.5	14
565	Sophie	Long		4.75	4
567	Poppy	Wynes		3.75	12
573	Lily	Edwards	West Norfolk	0.75	16
576	Abbie	Boast		3	15
585	Laura-Rose	Cook			
593	Emily	Gilbertson			
594	Oke	Igomereho			
599	Isobel	Holroyd		4.75	4

u11G**Turbo Javelin**

No	Name	Club	Best Throw	Position	
40	Katie	Goldsmith	CoNAC	8.5	13
41	Abby	Flaxmer	CoNAC	9.25	10
42	Caitlin	Turner	CoNAC	7	16
43	Alice	Childs	CoNAC	14	2
79	Katie	Daniels	CoNAC	12.5	3
97	Sarah	Matsuka-Williams	CoNAC	9.75	9
98	Maya	Lawlor	CoNAC	9	11
471	Tallulah	Lebon	CoNAC	11	5
506	Olivia	Delph		6.75	17
508	Sophia	Basset			
547	Jade	Swan		6.5	18
555	Kacey	Elvin		6.25	19
556	Eleanor	Brown		10	7
577	Alice	Wakeley		14.25	1
583	Kitty	Spurway	GYDAC	8.5	14
584	Daisy	Spurway	GYDAC	12.5	4
595	Charlotte	Potts		10.25	6
596	Rachel	Bruce		8.75	12
597	Alice	Martin		7.25	15
598	Netra	Jeyapragash		10	7

u13B**2 LAP**

No	Name	Club	Qualifying		Final			Overall	
			Time	Position	Qualify	Time	Position	Position	Points
69	Alfie	Tatt	CoNAC	25.7	6			6	20
86	Joel	Childs	CoNAC	27	11			11	15
88	Billy	Olley-Hindle	CoNAC	24.3	2	Qualify	24	2	24
95	Wesley	Matsuka-Williams	CoNAC	24.8	4	Qualify	24.5	4	22
484	William	Gamson	CoNAC	26.6	9			9	17
501	Michael	Cross		25.1	5	Qualify	24.2	3	23
502	Peter	Cross		26.3	7			7	19
549	Harry	Clayton	(blank)	26.3	7			7	19
553	Jack	Barber		24.2	1	Qualify	23.6	1	25
580	Connor	Dobson		24.7	3	Qualify	24.9	5	21
581	Joseph	Nicholson		26.7	10			10	16

u13B**4 LAP**

No	Name	Club	Qualifying		Final		Overall	
			Time	Position	Qualify Time	Position	Position	Points
14	Joe	Dickinson	CoNAC	52.5	3		3	23
67	Harry	Hudson	CoNAC	53.6	4		4	22
81	Tom	Greeves	CoNAC	52	2		2	24
509	Ben	Simmonds		51.2	1		1	25

u13B**LONG JUMP**

No	Name	Club	Best Jump	Position	
69	Alfie	Tatt	CoNAC	1.99	3
67	Harry	Hudson	CoNAC	2.01	2
95	Wesley	Matsuka-Williams	CoNAC	2.03	1
581	Joseph	Nicholson		1.8	5
580	Connor	Dobson		1.88	4

u13B**VERTICAL JUMP**

No	Name	Club	Best Jump	Position	
88	Billy	Olley-Hindle	CoNAC	53	1
501	Michael	Cross		48	3
502	Peter	Cross		41	5
549	Harry	Clayton	(blank)	42	4
553	Jack	Barber		51	2

u13B**SPEED BOUNCE**

No	Name	Club	No of Bounces	Position	
14	Joe	Dickinson	CoNAC	69	4
81	Tom	Greeves	CoNAC	80	1
86	Joel	Childs	CoNAC	63	5
509	Ben	Simmonds		70	3
484	William	Gamson	CoNAC	74	2

u13B**Seated Ball Throw**

No	Name	Club	Best Throw	Position	
69	Alfie	Tatt	CoNAC	4.25	8
81	Tom	Greeves	CoNAC	5.75	4
86	Joel	Childs	CoNAC	4.5	7
88	Billy	Olley-Hindle	CoNAC	7.25	1
95	Wesley	Matsuka-Williams	CoNAC	6	3
484	William	Gamson	CoNAC	5.5	6
509	Ben	Simmonds		6.5	2
549	Harry	Clayton	(blank)	5.50	5

u13B**SHOT (Kg)**

No	Name	Club	Best Throw	Position	
14	Joe	Dickinson	CoNAC	6.39	3
67	Harry	Hudson	CoNAC	5	6
501	Michael	Cross		6.39	4
502	Peter	Cross		6.42	2
553	Jack	Barber		8.04	1
580	Connor	Dobson		6.23	5
581	Joseph	Nicholson		4.61	7

u13G			2 LAP							
No	Name	Club	Qualifying		Final			Overall		
			Time	Position	Qualify	Time	Position	Position	Points	
8	Hanna	Free	CoNAC	25.4	8				8	18
9	Olivia	Holmes	CoNAC	26	10				10	16
11	Sophie	Bishop	CoNAC	25.2	7				7	19
13	Madison	Stubbs	CoNAC	24.3	2	Qualify	24.4	4	4	22
80	Emily	Mace	CoNAC	24.9	6				6	20
87	Sienna	Sexton	CoNAC	24.5	3	Qualify	24.2	3	3	23
550	Samantha	Hixson								
559	Jasmin	Kemp	GYDAC	27.7	16				16	10
570	Niamh	Jackson								
571	Emma	Dewdney		26.1	11				11	15
574	Lucy	Edwards	West Norfolk	24.5	3	Qualify	23.8	2	2	24
578	Ella	Wakeley		26.1	11				11	15
579	Catherine	Long	GYDAC	26.8	14				14	12
582	Kelsey	Wenden	Diss AC	24.7	5	Qualify	24.6	5	5	21
586	Natoya	Rimmer	GYDAC	23.9	1	Qualify	23.6	1	1	25
590	Emily	Hewett		27.9	17				17	9
591	Ella	Sharrock		25.6	9				9	17
592	Eve	Hing		26.9	15				15	11
600	Freya	Biles		26.6	13				13	13

u13G**4 LAP**

No	Name	Club	Qualifying		Final			Overall		
			Time	Position	Qualify	Time	Position	Position	Points	
12	Izzy	Chrysafi	CoNAC	53.1	2	Qualify	52.3	2	2	24
18	Maddy	Parle	CoNAC	57.9	9				9	17
54	Lauren	Stansbury	CoNAC	53.9	4	Qualify	56.1	4	4	22
66	Chloe	Mason	CoNAC	55.8	7				7	19
68	Lauren	Bradfield	CoNAC	56.2	8				8	18
477	Amy	Quantrill	CoNAC	55.5	5	Qualify	57.8	5	5	21
504	Jemima	Bostrom								
558	Amy	Dowsett	GYDAC	52.8	1	Qualify	52	1	1	25
560	Hermione	La Chapelle	(blank)	58.9	10				10	16
562	Holly	Baker	GYDAC	55.7	6				6	20
566	Chloe	Long		53.8	3	Qualify	54	3	3	23

u13G**LONG JUMP**

No	Name	Club	Best Jump	Position	
8	Hanna	Free	CoNAC	1.68	8
11	Sophie	Bishop	CoNAC	1.96	4
13	Madison	Stubbs	CoNAC	1.91	5
68	Lauren	Bradfield	CoNAC	1.82	6
87	Sienna	Sexton	CoNAC	2.05	3
582	Kelsey	Wenden	Diss AC	2.07	2
574	Lucy	Edwards	West Norfolk	2.18	1
571	Emma	Dewdney		1.79	7

u13G**VERTICAL JUMP**

No	Name	Club	Best Jump	Position	
12	Izzy	Chrysafi	CoNAC	50	6
18	Maddy	Parle	CoNAC	51	3
66	Chloe	Mason	CoNAC	51	4
80	Emily	Mace	CoNAC	50	5
477	Amy	Quantrill	CoNAC	47	7
504	Jemima	Bostrom			
550	Samanth	Hixson			
559	Jasmin	Kemp	GYDAC	46	8
560	Hermior	La Chapelle	(blank)	42	10
562	Holly	Baker	GYDAC	41	11
579	Catherin	Long	GYDAC	37	12
586	Natoya	Rimmer	GYDAC	52	2
590	Emily	Hewett		31	13
591	Ella	Sharrock		54	1
592	Eve	Hing		42	9

u13G**SPEED BOUNCE**

No	Name	Club	No of Bounces	Position	
9	Olivia	Holmes	CoNAC	62	6
54	Lauren	Stansbury	CoNAC	84	1
600	Freya	Biles		71	5
578	Ella	Wakeley		72	4
570	Niamh	Jackson			
566	Chloe	Long		77	3
558	Amy	Dowsett	GYDAC	84	1

u13G**Seated Ball Throw**

No	Name	Club	Best Throw	Position	
8	Hanna	Free	CoNAC	4.75	15
9	Olivia	Holmes	CoNAC	5.75	8
11	Sophie	Bishop	CoNAC	4.75	13
18	Maddy	Parle	CoNAC	4.47	16
66	Chloe	Mason	CoNAC	7.5	2
68	Lauren	Bradfield	CoNAC	5.75	9
80	Emily	Mace	CoNAC	4.75	14
477	Amy	Quantrill	CoNAC	5.25	10
550	Samantha	Hixson			
560	Hermione	La Chapelle	(blank)	5	12
562	Holly	Baker	GYDAC	6.25	6
566	Chloe	Long		5.75	7
570	Niamh	Jackson			
571	Emma	Dewdney		7.25	3
574	Lucy	Edwards	West Norfolk	6.25	5
578	Ella	Wakeley		5.25	11
579	Catherine	Long	GYDAC	4	17
582	Kelsey	Wenden	Diss AC	7.75	1
586	Natoya	Rimmer	GYDAC	6.5	4

u13G**SHOT (Kg)**

No	Name	Club	Best Throw	Position	
12	Izzy	Chrysafi	CoNAC	5.45	7
13	Madison	Stubbs	CoNAC	7.25	4
54	Lauren	Stansbury	CoNAC	5.44	8
87	Sienna	Sexton	CoNAC	7.35	2
504	Jemima	Bostrom			
600	Freya	Biles		5.46	6
592	Eve	Hing		4.91	9
591	Ella	Sharrock		6.53	5
590	Emily	Hewett		4.74	10
559	Jasmin	Kemp	GYDAC	8.95	1
558	Amy	Dowsett	GYDAC	7.32	3

u15B**2 LAP**

			Qualifying		Final		Overall		
No	Name	Club	Time	Position	Qualify	Time	Position	Position	Points
92	Sam	Green	22.9	1				1	25

u15B**4 LAP**

No	Name	Club	Qualifying		Final		Overall	
			Time	Position	Qualify	Time	Position	Position
52	Tom	Lake	46.5	1			1	25
65	Chris	Fryer	50.2	4			4	22
96	Ben	Matsuka-Williams	47.9	2			2	24
569	Ashley	Jarvis	50.1	3			3	23
568	Jack	Rodwell						
		Diss AC						

u15B**LONG JUMP**

No	Name	Club	Best Jump	Position
65	Chris Fryer	CoNAC	2.14	1
568	Jack Rodwell	Diss AC		

u15B**SPEED BOUNCE**

No	Name	Club	No of Bounces	Position	
52	Tom	Lake	CoNAC	92	1
569	Ashley	Jarvis		78	2

u15B**VERTICAL JUMP**

No	Name	Club	Best Jump	Position
92	Sam Green	CoNAC	66	2
96	Ben Matsuka-Williar	CoNAC	66	1

u15B**Medicine Ball Throw**

No	Name	Club	Best Throw	Position	
52	Tom	Lake	CoNAC	6.25	1

u15B**SHOT (Kg)**

No	Name	Club	Best Throw	Position
65	Chris Fryer	CoNAC	5.88	4
92	Sam Green	CoNAC	11.85	1
96	Ben Matsuka-Williams	CoNAC	8.14	3
568	Jack Rodwell	Diss AC		
569	Ashley Jarvis		9.09	2

u15G**2 LAP**

No	Name	Club	Qualifying		Final		Overall	
			Time	Position	Qualify Time	Position	Position	Points
55	Harriet	Searjeant	CoNAC	25.1			4	22
77	Mia	Sewell	CoNAC	24.8			3	23
100	Hannah	Maher	CoNAC	24.3			2	24
483	Eve	Smith	CoNAC	27.2			5	21
575	Katie	Pursehouse	Diss AC	23.7			1	25

u15G**4 LAP**

No	Name	Club	Qualifying		Final		Overall	
			Time	Position	Qualify Time	Position	Position	Points
53	Grace	Ashworth	CoNAC	50.1	2		2	24
70	Anna	Death	CoNAC	57.8	5		5	21
480	Katie	Clark	CoNAC	50.2	3		3	23
481	Ellie	Jamieson	CoNAC					
563	Phoebe	Baker	GYDAC	49.4	1		1	25
589	Alice	Watson-flowers	(blank)	55.5	4		4	22

u15G**LONG JUMP**

No	Name	Club	Best Jump	Position	
55	Harriet	Searjeant	CoNAC	2.01	3
77	Mia	Sewell	CoNAC	2.14	2
483	Eve	Smith	CoNAC	1.86	4
575	Katie	Pursehouse	Diss AC	2.27	1

u15G**VERTICAL JUMP**

No	Name	Club	Best Jump	Position
100	Hannah Maher	CoNAC	51	3
481	Ellie Jamieson	CoNAC	52	2
563	Phoebe Baker	GYDAC	53	1

u15G**SPEED BOUNCE**

No	Name	Club	No of Bounces	Position	
53	Grace	Ashworth	CoNAC	84	1
70	Anna	Death	CoNAC	80	2
480	Katie	Clark	CoNAC	70	3
589	Alice	Watson-flowers	(blank)	67	4

u15G**Medicine Ball Throw**

Age Group u15G

No	Name	Club	Best Throw	Position	
53	Grace	Ashworth	CoNAC	6	2
70	Anna	Death	CoNAC	4.75001	3
77	Mia	Sewell	CoNAC	4.75	4
483	Eve	Smith	CoNAC		
575	Katie	Pursehouse	Diss AC	6	1

u15G**SHOT (3.25Kg)**

No	Name	Club	Best Throw	Position	
55	Harriet	Searjeant	CoNAC	7.14	3
100	Hannah	Maher	CoNAC	9.65	1
480	Katie	Clark	CoNAC	6.69	5
481	Ellie	Jamieson	CoNAC	8.49	2
563	Phoebe	Baker	GYDAC	6.61	6
589	Alice	Watson-flowers	(blank)	6.8	4