

# NORFOLK Sportshall Athletics

Date: 14 Oct 17

Location: UEA



Set Save As

## Competition Details:

### Team Events

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Sat 14th Oct - Sportspark UEA

Sat 4th Nov - Sportspark UEA

Sat 18th Nov - Sportspark UEA

### Individual entry

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27th County Championship

Sat 13th Jan 2018 - Sportspark, UEA Norwich

### Regional Competition (East)

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### National Final

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See National Sportshall link: <http://www.sportshall.org/>

# u11B Overall Results

Team	Taverham							12OCT13					
	2 Lap	4 Lap	2Lap Hurdles	Long Jump	Vert Jump	Speed Bounce	Chest Push	6 Lap Parlauf	Obstacle relay	4 x 1 Relay	Points	Position	
A													
B	Beccles & Bungay H												
C													
D	Ryston Runners												
E													
F	City of Norwich												
G	Great Yarmouth	38	13	36	28	24	25	16			180	7	
H													
I	North Norfolk Harrier	24	27	22	28			14	18		133	10	
J	North Norfolk Harrier	33	34	35	33	39	22	38	23	22	24	303	3
K	W Norfolk	22	36	32	31	47	47	18	22	25	25	305	2
L	Bluebell Primary Sch	18	23	28	34	35	36	40	21		22	257	5
M													
N	Ryston Runners	39	20	22	27		31		25			164	8
O	City of Norwich	36	32	24	32	35	45	23	20	24		271	4
P	Bungay Black Dog	18	10	24	8	17	20	15	19			131	11
Q													
R	Great Yarmouth												
S	Diss AC	22	25	24	41		22	24				158	9
T													
U													
V	Waveney	9		9	8	21			17			64	12
W	Waveney	37	47	42	36	39	30	41	24	23	23	342	1
X	City of Norwich												
Y	City of Norwich												
Z	City of Norwich	27	31	21	20	28	26	42		21	21	237	6

**u11B 2 Lap**

		Time
A		
AA		
B		
BB		
4D		
CC		
D		
DD		
E		
EE		
F		
FF		
G	Oliver Shipp	24.4
GG	Cameron Wedon	27.3
H		
HH		
I	Ruben Xuereb	27.1
II	Douglas Light	29.1
J	Thomas Smith	27.9
JJ	Daniel Coles	26.1
K	George Davis	27.9
KK	Alfie Bone	28.3
L	Devine Musasa	28.0
LL	Jonathan Mutsinze	29.1
M		
MM		
N	Riley Bell	25.1
NN	Oakley Took	27.2
O	Barney Clarke	23.2
OO	Alfie Furness	28.0
P	Calum Morran	26.8
PP		
Q		
QQ		
R		
RR		
S	Maximilion Brookes	25.9
SS	Oslo Chapman	
T		
TT		
U		
UU		
V	Wilf Gouldby	30.9
VV	Oliver Owen	30.5
W	Liam Bridges	26.0
WW	Ben Littlejohns	27.2
X		
XX		
Y		
YY		
Z	Daniel Kaszczak	26.3
ZZ	Bayley Ward	28.9

Position	Points
[27.4]	
2	24
12	14
9	17
19	7
13	13
6	20
13	13
17	9
15	11
19	7
3	23
10	16
1	25
15	11
8	18
4	22
22	4
21	5
5	21
10	16
7	19
18	8

Combined
38
24
33
22
18
39
36
18
22
9
37
27

**u11B 4 Lap**

		<b>Time</b>	<b>Position</b>	<b>Points</b>	<b>Combined</b>
A					
AA					
B					
BB					
C					
CC					
D					
DD					
4E		[58.1]			
EE					
F					
FF					
G	Cameron Wedon	60.1	13	13	13
GG					
H					
HH					
I	Ruben Xuereb	58	7	19	27
II	Douglas Light	63.8	18	8	
J	Thomas Smith	60.4	14	12	34
JJ	Daniel Coles	57.2	4	22	
K	Charlie Tunmore	58	7	19	36
KK	Sam Nash	58.1	9	17	
L	Harry Smith	60	12	14	23
LL	Alfred Hollis	61.4	17	9	
M					
MM					
N	Oakley Took	57.9	6	20	20
NN					
O	Rafe Short	60.6	15	11	32
OO	Theo Carus	57.2	5	21	
P	Alfred Sturges	61.3	16	10	10
PP					
Q					
QQ					
R					
RR					
S	Oslo Chapman				25
SS	Malachi Komolofi	55	1	25	
T					
TT					
U					
UU					
V					
VV					
W	Tom Supple	56.3	2	24	47
WW	Reuben Colbridge	56.4	3	23	
X					
XX					
Y					
YY					
Z	Daniel Kaszczak	59.4	10	16	31
ZZ	Kyan Emerson	59.7	11	15	

u11B 2 Lap Hurdles		Time
A		
AA		
B		
BB		
C		
CC		
D		
DD		
4F		[31.6]
EE		
F		
FF		
G	Oliver Shipp	25.8
GG	Russell Bennington	31.6
H		
HH		
I	Jay Jarvis	29.7
II		33.3
J	George Rivett	29.3
JJ	Adam Bell	29.5
K	Thomas O'Neill	28.7
KK	William Broad	31.5
L	Marley Lewis	28.6
LL	Ronnie Mutsinze	33.2
M		
MM		
N	Riley Bell	28.5
NN		
O	Alfie Furness	31.7
OO	Benit Changa	30.4
P	Calum Morran	30
PP	Alfred Sturges	32.4
Q		
QQ		
R		
RR		
S	Maximilion Brookes	
SS	Malachi Komolofi	26.5
T		
TT		
U		
UU		
V	Wilf Gouldby	35.8
VV	Oliver Owen	34.7
W	Reuben Colbridge	28.2
WW	Liam Bridges	29.2
X		
XX		
Y		
YY		
Z	Micah Avowlanu	30.7
ZZ	Bayley Ward	33

Position	Points	Combined
1	25	36
15	11	
10	16	22
20	6	
8	18	35
9	17	
6	20	32
14	12	
5	21	28
19	7	
4	22	22
16	10	24
12	14	
11	15	24
17	9	
2	24	24
22	4	9
21	5	
3	23	42
7	19	
13	13	21
18	8	

# u11B Long Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
4H	Sam Nash				[1.84]			
FF								
G	Oliver Shipp				1.9	2	24	28
GG	Cameron Wedon				1.35	22	4	
H								
HH								
I	Ruben Xuereb				1.68	9	17	28
II	Ashley Jones				1.48	15	11	
J	Thomas Smith				1.47	16	10	33
JJ	Daniel Coles				1.86	3	23	
K	Charlie Tunmore				1.76	5	21	31
KK	Alfie Bone				1.47	16	10	
L	Marley Lewis				1.73	6	20	34
LL	Harry Smith				1.62	12	14	
M								
MM								
N	Riley Bell				1.66	11	15	27
NN	Oakley Took				1.6	14	12	
O	Barney Clarke				1.97	1	25	32
OO	Alfie Furness				1.44	19	7	
P	Alfred Sturges				1.46	18	8	8
PP								
Q								
QQ								
R								
RR								
S	Maximilion Brookes				1.7	7	19	41
SS	Malachi Komolofi				1.85	4	22	
T								
TT								
U								
UU								
V	Wilf Gouldby				0.8	23	3	8
VV	Oliver Owen				1.37	21	5	
W	Tom Supple				1.7	7	19	36
WW	Ben Littlejohns				1.68	9	17	
X								
XX								
Y								
YY								
Z	Micah Avowlanu				1.62	12	14	20
ZZ	Bayley Ward				1.38	20	6	

**u11B Vertical Jump**

		First Jump	Second Jump	Third Jump
A AA				
B BB				
C CC				
4G DD	George Davis			
E EE				
F FF				
G GG	Oliver Shipp			
H HH				
I II	Jay Jarvis			
J JJ	George Rivett Adam Bell			
K KK	Thomas O'Neill Sam Nash			
L LL	Jonathan Mutsinze Alfred Hollis			
M MM				
N NN				
O OO	Rafe Short Theo Carus			
P PP	Calum Morran			
Q QQ				
R RR				
S SS	Oslo Chapman Liam Scott			
T TT				
U UU				
V VV	Wilf Gouldby Oliver Owen			
W WW	Liam Bridges Reuben Colbridge			
X XX				
Y YY				
Z ZZ	Daniel Kaszczak Kyan Emerson			

Best Jump
[33]
38
30
36
35
42
35
29
32
30
31
23
22
32
34
30
28

Position	Points
2	24
10	16
3	23
4	22
1	25
4	22
13	13
7	19
10	16
9	17
15	11
16	10
7	19
6	20
10	16
14	12

Combined
24
39
47
35
35
21
39
28

# u11B Speed Bounce

		Total Jumps	Position	Points	Combined Total
A					
AA					
B					
BB					
CC	Ashley Jones	[30]			
D					
DD					
E					
EE					
F					
FF					
G	Russell Bennington	40	9	17	25
GG	Cameron Wedon	22	18	8	
H					
HH					
I					
II					
J	George Rivett	35	15	11	22
JJ	Adam Bell	35	15	11	
K	Charlie Tunmore	47	3	23	47
KK	Thomas O'Neill	51	2	24	
L	Harry Smith	38	12	14	36
LL	Marley Lewis	45	4	22	
M					
MM					
N	Riley Bell	41	8	18	31
NN	Oakley Took	37	13	13	
O	Barney Clarke	52	1	25	45
OO	Benit Changa	42	6	20	
P	Calum Morran	42	6	20	20
PP					
Q					
QQ					
R					
RR					
S	Maximilion Brookes	45	4	22	22
SS	Oslo Chapman				
T					
TT					
U					
UU					
V					
VV					
W	Tom Supple	37	13	13	30
WW	Ben Littlejohns	40	9	17	
X					
XX					
Y					
YY					
Z	Daniel Kaszczak	40	9	17	26
ZZ	Bayley Ward	30	17	9	



# u11B Chest Push

		Best Throw	Third Throw	Second Throw	First Throw	Points	Position	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
F								
FF								
G	Russell Bennington	4.75				16	10	16
GG								
H								
HH								
I	Ruben Xuereb	4.25				14	12	14
II	Douglas Light							
J	Thomas Smith	4.00				13	13	38
JJ	Daniel Coles	6.50				25	1	
K	George Davis	5.00				18	8	18
KK	William Broad							
L	Devine Musasa	5.25				23	3	40
LL	Ronnie Mutsinze	4.75				17	9	
M								
MM								
N								
NN								
O	Rafe Short	3.75				11	15	23
OO	Theo Carus	4.00				12	14	
P	Alfred Sturges	4.50				15	11	15
PP								
Q								
QQ								
R								
RR								
S	Malachi Komolofi	5.75				24	2	24
SS	Liam Scott							
T								
TT								
U								
UU								
V								
VV								
W	Liam Bridges	5.00				20	6	41
WW	Reuben Colbridge	5.25				21	5	
X								
XX								
Y								
YY								
Z	Micah Avowlanu	5.25				22	4	42
ZZ	Kyan Emerson	5.00				20	6	

**u11B 6 Lap Paarlauf**

A AA	
B BB	
C CC	
D DD	
E EE	
4C	
G GG	
H HH	
I II	Ruben Xuereb Douglas Light
J JJ	George Rivett Adam Bell
K KK	George Davis Charlie Tunmore
L LL	Harry Smith Marley Lewis
M MM	
N NN	
O OO	Benit Changa Barney Clarke
P PP	Calum Morran Alfred Sturges
Q QQ	
R RR	
S SS	
T TT	
U UU	
V VV	Wilf Gouldby Oliver Owen
W WW	Liam Bridges Tom Supple
X XX	
Y YY	
Z ZZ	Micah Avowlanu Kyan Emerson

Time
[86.4]
88.5
82.2
82.8
84.3
81.1
84.4
87
99
81.7

Position	Points
8	18
3	23
4	22
5	21
1	25
6	20
7	19
9	17
2	24





# u11G Overall Results

Taverham

12OCT13

Team	2 Lap	4 Lap	2Lap Hurdles	Long Jump	Vert Jump	Speed Bounce	Chest Push	6 Lap Parlauf	4 x 1 Relay	Obstacle relay	Points	Position
A												
B Beccles & Bungay H												
C												
D												
E												
F City of Norwich												
G Great Yarmouth	41	35	41	44	46	25	40	24	24	20	340	2
H												
I North Norfolk Harrier	14		7		11		10				42	12
J North Norfolk Harrier	28	39	27	28	33	26	34	21	21	23	280	5
K W Norfolk	33	20	26	24	7	41	16	19			186	9
L Bluebell Primary Sch	20	21	10	17	22	26	28	18	18	18	198	8
M												
N Ryston Runners	19		21	21		13					74	11
O City of Norwich	49	44	39	40	45	49	38	25	25	25	379	1
P Bungay Black Dog	14	31	29	29	35	26	28	22	19	22	255	6
Q Bungay Black Dog												
R Great Yarmouth												
S Diss AC			10		8	23					41	13
T												
U												
V Waveney												
W Waveney	11	20	21	25		8	24	20			129	10
X City of Norwich	31	32	24	19	28	29	16	23	22	19	243	7
Y City of Norwich	29	30	33	42	41	26	41	16	20	21	299	3
Z City of Norwich	34	34	36	24	32	31	43	17	23	24	298	4

# u11G 2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D					
DD					
7a		[26.7]			
EE					
F					
FF					
G	Isobelle Rushmere	25.4	2	24	41
GG	Allyna Mukuya	27.3	9	17	
H					
HH					
I	Olivia Allen	30.0	19	7	14
II	Sasha Aston	30.0	19	7	
J	Sophie Allen	28.3	13	13	28
JJ	Willow Siddal	28.1	11	15	
K	Jessica Milnes	26.5	6	20	33
KK	Ester Broad	28.3	13	13	
L	Lauren Howes	28.1	11	15	20
LL	Skye Cressey	30.1	21	5	
M					
MM					
N	Freya Knight	26.6	7	19	19
NN					
O	Serena Akomah	25.1	1	25	49
OO	Erica Gara George	25.4	2	24	
P	Jessica Sanders	28.5	16	10	14
PP	Caroline Cox-Hartigan	31.5	22	4	
Q					
QQ					
R					
RR					
S	Tamara Riches				
SS					
T					
TT					
9b		[29.8]			
9a		[30.8]			
V					
VV					
W	Ana Colbridge	28.4	15	11	11
WW					
X	Edith Avowlanu	26.2	4	22	31
XX	Zoe Hornberger	29.1	17	9	
Y	Annabelle Hill	26.4	5	21	29
YY	Raphaelle Horne-Mor	29.5	18	8	
Z	Sophia Reeve	27.2	8	18	34
ZZ	Maddy Powles-Warre	27.8	10	16	

# u11G 4 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D					
DD					
E					
EE					
F					
FF					
G	LilyMae Coote	58.2	3	23	35
GG	Lyla Cole	62.2	14	12	
H					
HH					
I	Naomi Frith				
II	Hannah Frith				
J	Esmie Jonas	58.9	5	21	39
JJ	Eloise Edridge	60.5	8	18	
K	Jennifer Wood	68.1	19	7	20
KK	Ester Broad	61.9	13	13	
L	Lauren Howes	62.2	14	12	21
LL	Alana Shreeve	66.5	17	9	
M					
MM					
N					
NN					
O	Caitlin Bell	57.5	1	25	44
OO	Rosie Langley	60.1	7	19	
P	Molly Gard	58.3	4	22	31
PP	Emily Lowther	66.5	17	9	
Q					
QQ					
R					
RR					
9c		[59.1]			
9d		[73.9]			
T					
TT					
U					
UU					
V					
VV					
W	Agatha Gouldby	59.1	6	20	20
WW					
X	Amber Goddard	61.4	11	15	32
XX	Chloe Thorne	61	9	17	
Y	Rosie Hesp	61.2	10	16	30
YY	Lilliana Mariuzzo	61.7	12	14	
Z	Georgia Shirley	58	2	24	34
ZZ	Ella Yates	62.3	16	10	

**u11G 2 Lap Hurdles**

		Time
A		
AA		
B		
BB		
C		
CC		
D		
DD		
E		
EE		
F		
FF		
G	Gracie Dean	28.3
GG	Allyna Mukuya	30.8
H		
HH		
I	Olivia Allen	36.5
II	Sasha Aston	
J	Sophie Allen	31
JJ	Willow Siddal	31.4
K	Jessica Milnes	30.3
KK	Jennifer Wood	34.8
L	Courtney Lloyd	36.6
LL	Oliwia Pawlowska	36.8
M		
MM		
N	Freya Knight	30.1
NN		
O	Erica Gara George	28.4
OO	Ffion Goff	31
P	Eloise Morran	28.9
PP	Tia Holloway	36.6
Q		
QQ		
5a	Lyla Cole	[35.1]
RR		
S	Tamara Riches	33.3
SS		
7a		[28.4]
TT		
9f		[28.5]
9e		[33.2]
V		
VV		
W	Agatha Gouldby	30.1
WW		
X	Lettie Morrirt	31
XX	Zoe Hornberger	33.4
Y	Annabelle Hill	29.6
YY	Lilliana Mariuzzo	31.7
Z	Amy Watker	30.2
ZZ	Maddy Powles-War	30.7

Position	Points
1	25
10	16
19	7
11	15
14	12
8	18
18	8
20	6
22	4
5	21
2	24
11	15
3	23
20	6
5	21
11	15
17	9
4	22
15	11
7	19
9	17

Combined
41
7
27
26
10
21
39
29
10
21
24
33
36





# u11G Vertical Jump

		First jump	Second jump	Third jump
A				
AA				
B				
BB				
5	Lyla Cole			
CC				
D				
DD				
E				
EE				
F				
FF				
G	Isabelle Rushmere			
GG	Allyna Mukuya			
H				
HH				
I	Olivia Allen			
II	Sasha Aston			
J	Sophie Allen			
JJ	Willow Siddal			
K	Ester Broad			
KK				
L	Courtney Lloyd			
LL	Skye Cressey			
M				
MM				
N				
NN				
O	Caitlin Bell			
OO	Ffion Goff			
P	Eloise Morran			
PP	Emily Lowther			
QQ				
Q				
R				
RR				
S	Tamara Riches			
SS				
T				
TT				
U				
UU				
V				
VV				
W				
WW				
X	Amber Goddard			
XX	Chloe Thorne			
Y	Lilliana Mariuzzo			
YY	Freya Chapman			
Z	Sophia Reeve			
ZZ	Ella Yates			

Best Jump
[25]
40
42
28
33
38
23
26
30
44
39
40
30
25
28
35
37
41
34
35

Position	Points
4	22
2	24
15	11
12	14
7	19
19	7
17	9
13	13
1	25
6	20
4	22
13	13
18	8
15	11
9	17
8	18
3	23
11	15
9	17

Combined
46
11
33
7
22
45
35
8
28
41
32

# u11G Speed Bounce

		Total Jumps	Position	Points	Combined Total
A					
AA					
B					
BB					
C					
CC					
9b	Emily Lowther	[35]			
DD					
E					
EE					
F					
FF					
G	Lyla Cole	35	19	7	25
GG	LilyMae Coote	42	8	18	
H					
HH					
I	Naomi Frith				
II	Hannah Frith				
J	Esmie Jonas	38	15	11	26
JJ	Willow Siddal	41	11	15	
K	Jessica Milnes	47	3	23	41
KK	Jennifer Wood	42	8	18	
L	Lauren Howes	43	6	20	26
LL	Skye Cressey	33	20	6	
M					
MM					
N	Freya Knight	40	13	13	13
NN					
O	Caitlin Bell	54	1	25	49
OO	Erica Gara George	50	2	24	
P	Molly Gard	44	5	21	26
PP	Tia Holloway	24	21	5	
Q					
QQ					
R					
RR					
S	Tamara Riches	47	3	23	23
SS					
T					
TT					
U					
UU					
V					
VV					
W	Ana Colbridge	36	18	8	8
WW					
X	Edith Avowlanu	43	6	20	29
XX	Chloe Thorne	37	17	9	
Y	Annabelle Hill	41	11	15	26
YY	Freya Chapman	38	15	11	
Z	Ella Yates	40	13	13	31
ZZ	Amy Watker	42	8	18	



**u11G 6 Lap Paarlauf**

		Time	Position	Points
A				
AA				
B				
BB				
C				
CC				
D				
DD				
E				
EE				
F				
FF				
G	LilyMae Coote	80.8	2	24
GG	Isabelle Rushmere			
H				
HH				
I	Olivia Allen			
II	Sasha Aston			
J	Esmie Jonas	84	5	21
JJ	Eloise Edridge			
K	Jessica Milnes	86.8	7	19
KK	Ester Broad			
L	Lauren Howes	91.2	8	18
LL	Alana Shreeve			
M				
MM				
N				
NN				
O	Rosie Langley	80.4	1	25
OO	Serena Akomah			
P	Eloise Morran	82.6	4	22
PP	Molly Gard			
Q				
QQ				
j		[93.3]		
jj				
9d		[98.4]		
T				
TT				
U				
UU				
V				
VV				
W	Agatha Gouldby	84.7	6	20
WW	Ana Colbridge			
X	Edith Avowlanu	82.2	3	23
XX	Lettie Morritt			
Y	Rosie Hesp	94.2	10	16
YY	Raphaelle Horne-Morris			
Z	Georgia Shirley	93.4	9	17
ZZ	Sophia Reeve			





# u13B Overall Results

UEA

14 Oct 17

Team	2 Lap	4 Lap	6 Lap	Long Jump	Vert Jump	Triple Jump	Speed Bounce	Shot	8 Lap Parlauf	4x2 Relay	Obstacle Relay	points	Position
A													
B Beccles & Bungay H					24							24	9
C													
D Ryston Runners	28	27	32	31			33	33		20		204	5
E													
F													
G Great Yarmouth	30	35		14			18	14		21		132	7
H													
I													
J North Norfolk Harriers		17	14	19	19							69	8
K W Norfolk													
L													
M													
N Ryston Runners	42	43	38	45	44	42	44	39	23	23	24	407	3
O City of Norwich	45	40	45	46	45	45	41	44	24	24	25	424	1
P Bungay Black Dog	30	24	34	23			35	39	19			204	5
Q Bungay Black Dog													
R Great Yarmouth													
S Diss AC						23						23	10
T													
U													
V Waveney													
W Waveney	48	49	41	38	35	45	49	41	25	25	23	419	2
X City of Norwich													
Y City of Norwich													
Z City of Norwich	36	35	43	31	41	37	35	42	22	22	22	366	4



# u13B2 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D		27.8	13	13	28
DD	Finn Knight	26.8	11	15	
E					
EE					
F					
FF					
G	Andrew Mayne	26.3	10	16	30
GG	Corben Reynolds	27.0	12	14	
H					
HH					
12A		[23.8]			
12C		[24.1]			
7A		[24.1]			
8A	Seth Frankland	[27.4]			
8B	Bobby Batts	[29.0]			
KK					
L					
LL					
M					
MM					
N	Liam Clare	24.5	6	20	42
NN	Kit Howlett	23.8	4	22	
O	Conrad Winter	23.5	2	24	45
OO	Henry Whall	23.9	5	21	
P	Peter Lowther	24.9	8	18	30
PP	Noah Rickards	30.1	14	12	
Q					
QQ					
R					
RR					
S	Riley Kemp				
SS					
T					
TT					
U					
UU					
V	Seth Frankland				
VV	Bobby Batts				
W	Joel Burgess	23.1	1	25	48
WW	Finn Howes	23.8	3	23	
X					
XX					
Y					
YY					
Z	Benjamin Polley	25.2	9	17	36
ZZ	Eric Hellebrandt	24.7	7	19	

# u13B4 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D	George Evans	63.5	14	12	27
DD	Malakai Took	60.8	11	15	
E					
EE					
F					
FF					
G	Andrew Mayne	59.2	10	16	35
GG	Corben Reynolds	56.9	7	19	
H					
HH					
I					
II					
J	George Coles	58.5	9	17	17
JJ					
K					
KK					
8B	Bobby Batts	[67.7]			
LL					
M					
MM					
N	Liam Clare	54.1	3	23	43
NN	Ryan Wood	56.7	6	20	
O	Hal Morritt	54.3	4	22	40
OO	Oliver Yellop	58.0	8	18	
P	Freddie Cox-Hartigan	62.5	13	13	24
PP	Noah Rickards	64.2	15	11	
Q					
QQ					
R					
RR					
S	Riley Kemp				
SS					
T					
TT					
U					
UU					
V	Seth Frankland				
VV	Bobby Batts				
W	Joel Burgess	49.6	1	25	49
WW	Finn Howes	54.0	2	24	
X					
XX					
Y					
YY					
Z	Eric Hellebrandt	55.1	5	21	35
ZZ	Callum Hollidge	61.8	12	14	



u13B

# Long Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A								
AA								
7A					2.22	2	24	24
BB								
C								
CC								
D	George Evans				1.56	13	13	31
DD	Finn Knight				1.70	8	18	
E								
EE								
F								
FF								
G	Andrew Mayne				1.61	12	14	14
GG	Corben Reynolds							
H								
HH								
I								
II								
J					1.78	7	19	19
JJ								
K								
KK								
L								
LL								
M								
MM								
N	Liam Clare				2.09	3	23	45
NN	Kieran Bell				2.05	4	22	
O	Conrad Winter				2.25	1	25	46
OO	Henry Whall				2.01	5	21	
P	Freddie Cox-Hartigan				1.54	14	12	23
PP	Noah Rickards				1.42	15	11	
Q								
QQ								
R								
RR								
S	Riley Kemp							
SS								
T								
TT								
U								
UU								
V	Seth Frankland							
VV	Bobby Batts				[1.52]			
W	Nathan Littlejohns				1.79	6	20	38
WW	Ben Cone				1.70	8	18	
X								
XX								
Y								
YY								
Z	Josh Ingham				1.66	11	15	31
ZZ	Greg Taylor				1.68	10	16	

**u13B**

**Vertical Jump**

		First jump	Second jump	Third jump		Best Jump	Position	Points	Combined
A									
AA									
B									
BB									
C									
CC									
D									
DD									
E									
EE									
F									
FF									
G									
GG									
HH									
I									
II									
J	George Coles				39	7	19	19	
JJ									
K									
KK									
L									
LL									
M									
MM									
N	Liam Clare				50	3	23	44	
NN	David MacQueen				49	5	21		
O	Calvin Smith				54	1	25	45	
OO	Hal Morrith				47	6	20		
P									
PP									
Q									
QQ									
R									
RR									
S	Riley Kemp				50	3	23	23	
SS									
T									
TT									
U									
UU									
V	Bobby Batts				[39]				
VV									
W	Seth Frankland				38	8	18	35	
WW	Jack Gooch				37	9	17		
X									
XX									
Y									
YY									
Z	Eric Hellebrandt				54	1	25	41	
ZZ	Josh Ingham				34	10	16		

u13B

# Triple Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D	Finn Knight				4.85	10	16	33
DD	Malakai Took				5.09	9	17	
E								
EE								
F								
FF								
G	Andrew Mayne				5.13	8	18	18
GG								
H								
HH								
I								
II								
J	George Coles							
JJ								
K								
KK								
L								
LL								
M								
MM								
N	David MacQueen				6.2	3	23	42
NN	Kieran Bell				5.15	7	19	
O	Calvin Smith				6.32	1	25	45
OO	Oliver Yellop				5.34	6	20	
P								
PP								
Q								
QQ								
R								
RR								
S								
SS								
T								
TT								
U								
UU								
V								
VV								
W	Joel Burgess				6.22	2	24	45
WW	Finn Howes				5.68	5	21	
X								
XX								
Y								
YY								
Z	Benjamin Polley				5.96	4	22	37
ZZ	Callum Hollidge				4.74	11	15	



# u13B Shot

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
F								
FF								
G								
GG								
H								
HH								
I								
II								
J								
JJ								
K								
KK								
L								
LL								
M								
MM								
N	Kit Howlett				6.79	5	21	39
NN	Ryan Wood				5.28	8	18	
O	Conrad Winter				8.32	1	25	44
OO	Hal Morrith				6.13	7	19	
P	Peter Lowther				6.88	3	23	39
PP	Freddie Cox-Hartigan				5.17	10	16	
Q								
QQ								
R								
RR								
S								
SS								
T								
TT								
U								
UU								
V								
VV								
W	Vaughan Beckham				6.89	2	24	41
WW	Jack Gooch				5.26	9	17	
X								
XX								
Y								
YY								
Z	Eric Hellebrandt				6.82	4	22	42
ZZ	Benjamin Polley				6.34	6	20	



# u13B 8 Lap Paarlauf

A	
B	
C	
D	George Evans Malakai Took
E	
F	
G	Andrew Mayne Corben Reynolds
H	
I	
J	
K	
L	
M	
N	Kit Howlett David MacQueen
O	Calvin Smith Hal Morritt
P	Freddie Cox-Hartigan Noah Rickards
Q	
R	
8a	
T	
U	
V	Seth Frankland Bobby Batts
W	Joel Burgess Finn Howes
X	
ZZ	
Z	Josh Ingham Benjamin Polley

Time
116.5
115.2
103.1
102.5
123.8
[111.9]
97.6
[117.9]
107.9

Pos	Points
6	20
5	21
3	23
2	24
7	19
1	25
4	22







# u13G Overall Results

UEA

14 Oct 17

Team	2 Lap	4 Lap	6 Lap	Long Jump	Vert Jump	Triple Jump	Speed Bounce	Shot	8 Lap Parlauf	4x2 Relay	Obstacle Relay	Points	Position
A													
B Beccles & Bungay H													
C													
D													
E													
F City of Norwich													
G Great Yarmouth	33	47		20	26	42	37	25	20	24	22	296	4
H													
I													
J North Norfolk Harriers	17	22		20	30		22	19	18	18	17	183	10
K W Norfolk	15	32		36	26	26	36	15	19	20	21	246	7
L													
M													
N Ryston Runners	29	38		16	43	43	11	46		22	20	268	5
O City of Norwich	44	31		28	40	31	48	45	25	25	25	342	1
P Bungay Black Dog													
Q Bungay Black Dog													
R Great Yarmouth	28	18		36		24	30	29		19	19	203	8
S Diss AC	7			6	18		10	32	17			90	11
T													
U													
V Waveney													
W Waveney	37	25		27	7	21	23	23	22			185	9
X City of Norwich	25	32		30	36	23	28	30	21	21	18	264	6
Y City of Norwich	45	14		47	42	47	28	32	24		23	302	3
Z City of Norwich	36	31		46	43	32	34	20	23	23	24	312	2



# u13 4 Lap

		Time	Position	Points	Combined
A					
AA					
B					
BB					
C					
CC					
D					
DD					
E					
EE					
F					
FF					
G	Lauren Ward	53.6	1	25	47
GG	Eva Ellis	54.7	4	22	
H					
HH					
I					
II					
J	Amy Wright	61.1	14	12	22
JJ	Fiona May Swanson	62.0	16	10	
K	Holly Lawrence	54.2	3	23	32
KK	Annie Bastian	63.1	17	9	
L					
LL					
M					
MM					
N	Lily-May Collison	56.9	9	17	38
NN	Lucy Oakley	55.9	5	21	
O	Poppy Walker	57.0	10	16	31
OO	August Gara George	57.4	11	15	
P					
PP					
Q					
QQ					
R	Eloise Beard	56.7	8	18	18
RR					
S	Imogen Lee				
SS	Alise Small				
T		[59]			
4					
12a		[60.3]			
12b		[60.5]			
V					
VV					
W	Gabby Wright	53.6	1	25	25
WW	Isabella Christmas-At				
X	Sophie Hammer	56.3	7	19	32
XX	Millie Hart	60.4	13	13	
Y	Mia Bailey				14
YY	Rose Fairhurst	60.3	12	14	
Z	Kitty Whalen	61.3	15	11	31
ZZ	Harriot Prior	56.2	6	20	





13G

Long Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
F								
FF								
G	Maggie Bean				1.76	14	12	20
GG	Hollie Willeard				1.70	18	8	
H								
HH								
I								
II								
J	Hetty Life				1.72	15	11	20
JJ	Sophie McKee				1.71	17	9	
K	Holly Lawrence				1.93	7	19	36
KK	Sennen Tonkin				1.90	9	17	
L								
LL								
M								
MM								
N	Lily-May Collison				1.85	10	16	16
NN	Lucy Oakley							
O	August Gara George				1.77	13	13	28
OO	Poppy Walker				1.84	11	15	
P								
PP								
Q								
QQ								
R	Macey-Jay Smith				1.82	12	14	36
RR	Isobel Ward				1.96	4	22	
S	Iona Clifford				1.46	20	6	6
SS	Grace Scott							
T								
TT								
U								
UU								
V								
VV								
W	Amber English				1.94	6	20	27
WW	Gabby Wright				1.57	19	7	
X	Sophie Hammer				1.93	7	19	30
XX	Emma Robinson				1.72	15	11	
Y	Erin Waterfield				2.04	2	24	47
YY	Amy Moses				2.00	3	23	
Z	Nicole Kaszczak				2.07	1	25	46
ZZ	Megan Gouch				1.95	5	21	

13G

# Vertical Jump

		First jump	Second jump	Third jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
7a	Luella Brooks				[36]			
DD								
E								
EE								
F								
FF								
G	Eva Ellis				37	12	14	26
GG	Alice Craddock				36	14	12	
H								
HH								
I								
II								
J	Hetty Life				34	17	9	30
JJ	Sophie McKee				42	5	21	
K	Martha Broad				36	14	12	26
KK	Charlotte Moore				37	12	14	
L								
LL								
M								
MM								
N	Demi Adegoke				49	2	24	43
NN	Lucy Oakley				41	7	19	
O	Mary Hill				47	3	23	40
OO	Grace Daniels				40	9	17	
P								
PP								
Q								
QQ								
R	Macey-Jay Smith							
RR	Isobel Ward							
S	Imogen Lee				35	16	10	18
SS	Alise Small				29	18	8	
T								
TT								
U								
UU								
V								
VV								
W	Gabby Wright				26	19	7	7
WW								
X	Sophie Hammer				41	7	19	36
XX	Lil Slaughter				40	9	17	
Y	Erin Waterfield				54	1	25	42
YY	Rose Fairhurst				40	9	17	
Z	Harriot Prior				43	4	22	43
ZZ	Megan Gouch				42	5	21	

13G

Triple Jump

		First Jump	Second Jump	Third Jump	Best Jump	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
F								
FF								
G	Lauren Ward				6.16	2	24	42
GG	Maggie Bean				5.52	8	18	
H								
HH								
I								
II								
J								
JJ								
K	Annie Bastian				4.58	17	9	26
KK	Charlotte Moore				5.42	9	17	
L								
LL								
M								
MM								
N	Bea Honeybone				5.63	6	20	43
NN	Demi Adegoke				6.10	3	23	
O	August Gara George				5.36	11	15	31
OO	Alice Daniels				5.39	10	16	
P								
PP								
Q								
QQ								
R	Macey-Jay Smith				5.23	12	14	24
RR	Isobel Ward				4.80	16	10	
S								
SS								
T								
TT								
U								
UU								
V								
VV								
W	Kiera Kane				5.77	5	21	21
WW	Isabella Christmas-Abblet							
X	Millie Hart				5.12	15	11	23
XX	Isabella Williams				5.14	14	12	
Y	Mia Bailey				6.20	1	25	47
YY	Amy Moses				6.03	4	22	
Z	Kitty Whalen				5.22	13	13	32
ZZ	Harriot Prior				5.58	7	19	



# 13G Shot

		First throw	Second throw	Third throw	Best throw	Position	Points	Combined
A								
AA								
B								
BB								
C								
CC								
D								
DD								
E								
EE								
F								
FF								
G	Lauren Ward				5.97	8	18	25
GG	Eva Ellis				4.52	19	7	
H								
HH								
I								
II								
J	Amy Wright				4.86	18	8	19
JJ	Fiona May Swanson				5.11	15	11	
K	Sennen Tonkin				4.43	20	6	15
KK	Martha Broad				5.01	17	9	
L								
LL								
M								
MM								
N	Bea Honeybone				7.04	2	24	46
NN	Lucy Oakley				6.24	4	22	
O	Mary Hill				7.83	1	25	45
OO	Poppy Walker				6.1	6	20	
P								
PP								
Q								
QQ								
R	Khya Penn				5.28	14	12	29
RR	Eloise Beard				5.65	9	17	
S	Alise Small				6.24	4	22	32
SS	Iona Clifford				5.08	16	10	
T								
TT								
7a	Luella Brookes				[7.79]			
UU								
V								
VV								
W	Amber English				6.83	3	23	23
WW								
X	Emma Robinson				5.59	10	16	30
XX	Isabella Williams				5.48	12	14	
Y	Hannah Pain				6.04	7	19	32
YY	Rose Fairhurst				5.42	13	13	
Z	Kitty Whalen				5.56	11	15	20
ZZ	Georgia Pegg				4.29	21	5	

# 13G 8 Lap Paarlauf

A	
B	
C	
D	
E	
F	
G	Maggie Bean Eva Ellis
H	
I	
J	Hetty Life Sophie McKee
K	Annie Bastian Martha Broad
L	
M	
N	
O	Grace Daniels Alice Daniels
P	
Q	
R	
S	Imogen Lee Jessica Reeve
T	
U	
V	
W	Kiera Kane Amber English
X	Isabella Williams Sophie Hammer
Y	Hannah Pain Mia Bailey
Z	Kitty Whalen Georgia Pegg

Time
109.8
117.2
116.7
102
117.3
108.2
109.4
104
107.5

Pos	Points
6	20
8	18
7	19
1	25
9	17
4	22
5	21
2	24
3	23

**13G 4 x 2 Lap Relay**

A		
B		
C		
D		
E		
F		
G	Eva Ellis Hollie Willeard	Lauren Ward Alice Craddock
H		
I		
J	Amy Wright Fiona May Swanson	Hetty Life Sophie McKee
K	Holly Lawrence Sennen Tonkin	Charlotte Moore Martha Broad
L		
M		
N	Lily-May Collison Demi Adegoke	Bea Honeybone Lucy Oakley
O	Mary Hill August Gara George	Poppy Walker Grace Daniels
P		
Q		
R	Macey-Jay Smith Isobel Ward	Khya Penn Eloise Beard
S	Grace Scott Olivia Chapman	Iona Clifford Jessica Reeve
T		
U		
V		
W	Kiera Kane Amber English	Abella Christmas-Abbott Gabby Wright
X	Lil Slaughter Sophie Hammer	Millie Hart Emma Robinson
Y	Erin Waterfield Amy Moses	Mia Bailey Rose Fairhurst
Z	Nicole Kaszczak Harriot Prior	Kitty Whalen Megan Gouch

Time
101.0
111.6
105.7
103.5
98.0
105.9
105.1
[100]
101.3

Pos	Points
2	24
8	18
6	20
4	22
1	25
7	19
5	21
3	23

# 13G Obstacle Race

A		
B		
C		
D		
E		
F		
G	Hollie Willeard Maggie Bean	Alice Craddock Lauren Ward
5		
I		
J	Amy Wright Fiona May Swanson	Hetty Life Sophie McKee
K	Holly Lawrence Sennen Tonkin	Charlotte Moore Annie Bastian
L		
M		
N	Lily-May Collison Demi Adegoke	Bea Honeybone Lucy Oakley
O	Alice Daniels Mary Hill	Poppy Walker August Gara George
P		
Q		
R	Macey-Jay Smith Isobel Ward	Khya Penn Eloise Beard
S	Grace Scott Alise Small	Iona Clifford Imogen Lee
T		
U		
V		
W	Kiera Kane Amber English	Isabella Christmas-Abbott Gabby Wright
X	Isabella Williams Lil Slaughter	Emma Robinson Millie Hart
Y	Rose Fairhurst Erin Waterfield	Hannah Pain Amy Moses
Z	Georgia Pegg Harriot Prior	Nicole Kaszczak Megan Gouch

Time
77.1
84.3
80.5
81.4
72.6
81.9
82.0
76.1
74.3

Pos	Points
4	22
9	17
5	21
6	20
1	25
7	19
8	18
3	23
2	24

































